

Do not accept if seal is broken. Product No. 6291

Store between 59°-86° F

Keep out of the reach of children.

This high potency product has been formulated in a special base to release its nutrients over a prolonged period of time.

Country Life

101 Corporate Drive, Hauppauge, NY 11788

www.countrylifevitamins.com

Lot No:

Best by:



B VITAMINS TIME RELEASE VITAMIN B-12

1000 mcg

60 Tablets

Dietary Supplement



Directions: Adults take one (1) tablet daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Vitamin B-12 (as cyanocobalamin)	1,000 mcg	16,667%

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

