## Ultra Concentrated Omega 3.6.9

Research with Essential Fatty Acid (EFA) supplementation has shown promise in a number of areas including:

- Cardiovascular Health
- Healthy Glucose Levels
- Joint Health
- Skin Health
- Brain Function and Mental Health
- Infant Development
- Learning and Brain Development in Children
- Immune System Function
- Improved Nutrient Absorption

Purity tested for pesticides, herbicides, PCBs and dioxins as well as heavy metals such as mercury. This fish oil was processed using molecular distillation to ensure purity.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. Product No. 4100

Lot No:

Best by:



3.6.9

**Supplies Important EFAs** 

Fish • Flax • Borage



Non-GMO

Directions: Adults take two (2) or more softgels per day. For best utilization take with food.

Serving Size 2 softgels Servings Per Container 45 Amount Per Serving % Daily Value		
	74 10	any value
Calories 25		
Calories from Fat 20		
Total Fat 2.5 g		4%*
Saturated Fat 0.5 g		3%*
Monounsaturated Fat 0.5 g		**
Polyunsaturated Fat 1.5 g		
Cholesterol 6 mg		2%*
Protein 0.5 g		1%*
Vitamin E (as mixed tocopherols)	20 I.U.	67%
Fish Oil Concentrate (from anchovy, mackerel, sardine)	800 mg	
Borage Seed Oil	800 mg	**
Flax Oil (seed)	800 mg	**
alpha-Linolenic Acid (from flax seed oil)	424 mg	**
Linoleic Acid (from borage & flax seed oil)	416 mg	**
Oleic Acid (from borage & flax seed oil)	290 mg	**
Eicosapentaenoic Acid (EPA) (from fish oil concentrate - anchovy, mackerel, sardine)	240 mg	
Docosahexaenoic Acid (DHA) (from fish oil concentrate - anchovy, mackerel, sardine)	160 mg	
gamma-Linolenic Acid (GLA) (from borage seed oil)	152 mg	**

Other Ingredients: Gelatin, glycerin, purified water (capsule shell).

\*Percent Daily Values are based on a 2,000 calorie diet.

" \* Daily Value not established

Do not accept if seal is broken. Store in a cool dry place. Keep out of reach of children.