

Directions: For normal day to day stress take two (2) capsules daily or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (as potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	50 mg	83%
Thiamin (vitamin B-1)(as thiamine cocarboxylase)	5 mg	333%
Riboflavin (vitamin B-2)(as riboflavin-5-phosphate)	5 mg	294%
Vitamin B-6 (as PAK hydrochloride, pyridoxine hydrochloride pyridoxal-5-phosphate)	50 mg	2,500%
Folic Acid	500 mcg	125%
Vitamin B-12 (as methylcobalamin)	500 mcg	8,333%
Biotin (as d-Biotin)	50 mcg	17%
Pantothenic Acid (as d-calcium pantothenate, pantothenic)	500 mg	5,000%
Sensoril® Ashwagandha Extract (root/leaf) (8% withanolide glycosides equal to 10 mg) (32% oligosaccharides equal to 40 mg)	125 mg	*
Ginger Extract 5:1 (rhizome) (5% gingerols equal to 2.5 mg)	50 mg	*
L-Tyrosine (free form)	50 mg	*
Wild Jujube Extract (2% jujubosides equal to 1 mg)	50 mg	*
Eleuthero Extract (Eleutherococcus senticosus) (root)(Siberian ginseng) (providing 0.8% eleutherosides equal to 0.16 mg)	20 mg	*
Passion Flower Extract (3.5% vitexin equal to 0.70 mg)	20 mg	*
5-HTP (5-hydroxytryptophan) (Griffonia simplicifolia)(seed)	5 mg	*
Inositol Hexaniacinate	2.5 mg	*
NADH (Nicotinamide Adenine Dinucleotide)	2 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), stearic acid, magnesium stearate, silica, maltodextrin. **WARNING:** Not to be used during pregnancy. May potentiate the effects of barbiturates. If you are nursing, have gallstones, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, soy, gluten, milk, sugar, starch or artificial color.

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Stress Shield™

While there is no way to completely prevent stress, there are things we can do to better prepare our bodies for it. A few ways to manage stress may be to talk with friends and family, get exercise, eat healthy foods, take some time to relax, and plan ahead so we are not feeling rushed all the time. These techniques may offer some support for the occasional stress of everyday living, but now we can do even more to be prepared.

Introducing Stress Shield™... a new stress support product from Country Life Vitamins. It contains a natural ingredient called Sensoril® as well as other key ingredients, which work together to bolster and balance the body's ability to deal with occasional stress. Sensoril® is clinically shown to help with occasional fatigue, stress, and tension, and to promote emotional well-being.**



STRESS Shield™

3 TRIPLE ACTION

Clinically Shown to:

- 1 Help the Body Deal with Occasional Stress**
- 2 Support Emotional Well-Being**
- 3 Support Energy Levels and Reduce Fatigue**

60 Vegetarian Capsules

Dietary Supplement

Country Life



STRESS SUPPORT™

Stress Shield™

The ingredients in this product help to relax the body while helping it deal with occasional stress. The key ingredients are Sensoril® and B-5 (pantothenic/pantothenic acid). B-5 helps to support adrenal function.** Sensoril® is a patented form of ashwagandha extract that has been clinically shown to support emotional well-being and energy levels.** Ashwagandha (Sensoril®) is known as an adaptogen and has been used for thousands of years by Ayurvedic doctors.** At only 125 mg per day, Sensoril® equips the body to deal with:

- Occasional stress**
- Irritability**
- Fatigue**
- Inability to concentrate**

Give your body the support it needs with Stress Shield™ from Country Life.

Do not accept if seal is broken. Product No. 5034
Store between 59°-86° F. Keep out of the reach of children.

Sensoril® is protected under U.S. Patent 6,713,092 and is a trademark of Natreon, Inc.



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** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.