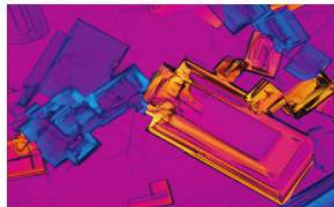


THORNE

R E S E A R C H



BASIC PRENATAL

90 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: Three Capsules

Servings per Container: 30

Three Capsules Contain:	% DV	Three Capsules Contain:	% DV
Vitamin A (3,000 IU from Mixed Carotenes and 2,000 IU as Palmitate)	5,000 IU 100%	Biotin	50 mcg 17%
Vitamin C (as Ascorbic Acid)	150 mg 250%	Pantothenic Acid (as Calcium Pantothenate)	16 mg 160%
Vitamin D (as Vitamin D3)	1,000 IU 250%	Calcium (as Calcium Citrate-Malate)	200 mg 20%
Vitamin E (as d-Alpha Tocopheryl)	50 IU 167%	Iron (as Iron Picolinate)	45 mg 250%
Vitamin K (as Vitamin K1)	100 mcg *	Iodine (as Potassium Iodide)	150 mcg 100%
Thiamin (as Thiamin HCl)	4 mg 264%	Magnesium (as Magnesium Citrate-Malate)	100 mg 25%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	3.6 mg 212%	Zinc (as Zinc Picolinate)	25 mg 167%
Niacin (as Niacinamide)	30 mg 150%	Selenium (as Selenomethionine)	50 mcg *
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg 500%	Copper (as Copper Picolinate)	2 mg 100%
Folate (500 mcg as Calcium Folate and 500 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	1 mg 250%	Manganese (as Manganese Picolinate)	5 mg *
Vitamin B12 (100 mcg as Adenosylcobalamin and 100 mcg as Methylcobalamin)	200 mcg 3,334%	Chromium (as Chromium Picolinate)	100 mcg *
		Molybdenum (as Molybdenum Picolinate)	50 mcg *
		Boron (as Boron Picolinate)	1 mg **

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.



Manufactured By: Thorne Research, Inc.
P.O. Box 25, Dover, Idaho 83825 USA
1-800-228-1966 www.thorne.com

Suggested Use: Take 3 capsules daily or as recommended by your health-care practitioner.
Tamper Evident: Use only if bottle is sealed.
If pregnant, consult your health-care practitioner before using this product.
Store tightly sealed in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

Certification of Conformity of the child-proof closure with the Poison Prevention Packaging Act is available at www.thorne.com/iron_certification.html



VMP
LVMP14