

Product No. 2522

Do not accept if seal is broken.

Store in a cool, dry place.

Keep out of the reach of children.

Shake well before use. Refrigerate after opening.

If not refrigerated, use within 45 days.

Country Life offers the unique **Target-Mins™** delivery system for increased effectiveness with mineral supplementation. **First**, we use a complex of free-form amino acids and organic acids combined for increased absorption. **Second**, we use not only a 2 to 1 ratio of Calcium to Magnesium but also a 2 to 1 ratio of Calcium to Phosphorus. A clinical study has demonstrated that a 2 to 1 ratio of Calcium to Phosphorus is key for proper mineral utilization, and Phosphorus plays an important role in bone structure. Based on these proven ratios, this product contains 1,000 mg of Calcium, 500 mg of Magnesium and 500 mg of Phosphorus. **Third**, we add vitamin D<sub>3</sub> which has been shown to support proper regulation of the body's Calcium/Phosphorus ratio and activate osteoblast function to support healthy bone structures. This is all combined scientifically to ensure optimal support for bone health.\*\*\*

† Country Life always labels their minerals in elemental weight.

NO: Yeast, wheat, soy, gluten, milk, artificial colors, artificial flavors or artificial sweeteners.

\*\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot No:

H4043

Best by:

08/2010

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# All Natural Liqunā

TARGET-MINS™

## CALCIUM - MAGNESIUM

with Vitamin D<sub>3</sub> Complex  
1,000 mg Calcium / 500 mg Magnesium /

400 I.U. Vitamin D<sub>3</sub>

NATURAL  
WILD BLUEBERRY  
FLAVOR



**Directions:** Take one cap (1 fl. oz.) (29.59 mL) daily or as directed by a health care professional.

### Supplement Facts

Serving Size 1 fl. oz. (29.59 mL)	
Servings Per Container 32	
Amount Per Serving	% Daily Value
Calories 30	
Total Carbohydrate 7 g	2%*
Other Carbohydrate 7 g	**
Vitamin D <sub>3</sub> (as cholecalciferol)	400 I.U. 100%
Calcium (as calcium triphosphate, citrate, alpha-ketoglutarate, aspartate, lysinate)†	1,000 mg 100%
Phosphorus (as calcium triphosphate)†	500 mg 50%
Magnesium (as magnesium citrate, aspartate, alpha-ketoglutarate, taurinate)†	500 mg 125%
* Percent Daily Values are based on a 2,000 calorie diet.	
** Daily Value not established.	

**Other Ingredients:** Purified water, natural vegetable glycerin, natural blueberry flavor blend, citric acid, xanthan gum, sodium benzoate (preservative), potassium sorbate (preservative).

www.countrylifevitamins.com  
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