

A DIETARY SUPPLEMENT

An Essential Mineral for Your Health







Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

Amount Per Serving	% Daily Value
Calcium 238 mg	24%
Magnesium 143 mg	36%
Chloride 405 mg	12%
Sodium 5 mg	<1%

Directions: As a dietary supplement, take 2 tablets once or twice a day or as directed by your physician.

Ingredients: Magnesium chloride, calcium carbonate, hypromellose phthalate, microcrystalline cellulose, talc, titanium dioxide, triacetin, croscarmellose sodium, stearic acid, povidone, acacia, maltodextrin, magnesium stearate, hypromellose, shellac, FD&C Blue #2 Aluminum Lake, mineral oil, propylene glycol

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