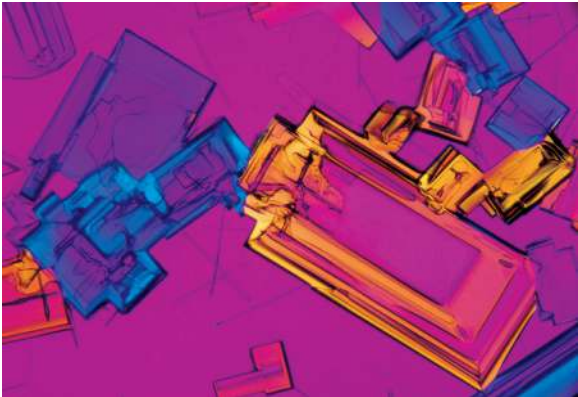


THORNE  
RESEARCH



DAILY BASIC  
NUTRIENTS PACKET  
BASIC NUTRIENTS V • POLYRESVERATROL-SR •  
OMEGA PLUS

60 SINGLE-SERVING PACKETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One Packet  
Servings Per Container: 60 Packets

Each Packet Contains:

BASIC NUTRIENTS V — 3 Capsules

| Three Capsules Contain:                                             | % DV          | Three Capsules Contain:                                                                                                            | % DV            |
|---------------------------------------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| Vitamin A (6,250 IU from Mixed Carotenes and 1,250 IU as Palmitate) | 7,500 IU 150% | Folate (250 mcg as Calcium Folate and 250 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt) | 500 mcg 125%    |
| Vitamin C (as Ascorbic Acid)                                        | 425 mg 709%   | Vitamin B12 (112.5 mcg as Adenosylcobalamin and 112.5 mcg as Methylcobalamin)                                                      | 225 mcg 3,750%  |
| Vitamin D (as Vitamin D3)                                           | 500 IU 125%   | Biotin                                                                                                                             | 200 mcg 67%     |
| Vitamin E (as d-Alpha Tocopheryl)                                   | 200 IU 667%   | Pantothenic Acid (as Calcium Pantothenate)                                                                                         | 206.5 mg 2,065% |
| Vitamin K (as Vitamin K1)                                           | 50 mcg 63%    | Calcium (as Calcium Citrate-Malate)                                                                                                | 150 mg 15%      |
| Thiamin (as Thiamin HCl)                                            | 20 mg 1,334%  | Magnesium (as Magnesium Citrate-Malate)                                                                                            | 142.5 mg 36%    |
| Riboflavin (as Riboflavin 5'-Phosphate Sodium)                      | 5.5 mg 324%   |                                                                                                                                    |                 |
| Niacin (65 mg as Niacinamide and 15 mg as Niacin)                   | 80 mg 400%    |                                                                                                                                    |                 |
| Vitamin B6 (as Pyridoxal 5'-Phosphate)                              | 5 mg 250%     |                                                                                                                                    |                 |

Other Ingredients for Basic Nutrients V: Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

Suggested Use: Take 1 Daily Basic Nutrients Packet two times daily or as recommended by your health-care practitioner.  
Tamper Evident: Use only if bottle is sealed.  
If pregnant, consult your health-care practitioner before using this product.  
Store tightly sealed in a cool, dry place.



Manufactured For: Thorne Research, Inc.  
P.O. Box 25, Dover, Idaho 83825 USA  
1-800-228-1966 www.thorne.com

POLYRESVERATROL-SR — 1 Capsule

| One Capsule Contains:                                                                                                                                                                                                                                                              | % DV    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| Curcumin Phytosome† ( <i>Curcuma longa</i> extract (root) / Phosphatidylcholine complex)                                                                                                                                                                                           | 50 mg * |
| Green Tea Phytosome† ( <i>Camellia sinensis</i> extract (leaf) / Phosphatidylcholine complex)                                                                                                                                                                                      | 50 mg * |
| Quercetin (water-soluble)                                                                                                                                                                                                                                                          | 50 mg * |
| Trans-Pterostilbene                                                                                                                                                                                                                                                                | 50 mg * |
| Trans-Resveratrol                                                                                                                                                                                                                                                                  | 50 mg * |
| *Daily Value (DV) not established.                                                                                                                                                                                                                                                 |         |
| Other Ingredients for PolyResveratrol-SR: High and low viscosity hydroxypropyl methylcellulose and MagnesiumCitrateLaurate (Time-Sorb††), Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.<br>Contains ingredients derived from soy (phytosomes).          |         |
| † PolyResveratrol-SR uses Indena S.p.A.'s curcumin phytosome (Meriva®) and green tea phytosome (Greenselect®). Meriva and Greenselect are registered trademarks of Indena S.p.A.<br>†† The ingredients in PolyResveratrol-SR are complexed with Time-Sorb®, a time-release matrix. |         |

OMEGA PLUS — 1 Gelcap

| One Gelcap Contains:                                                                                                                                                                                                                                       | % DV      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Calories                                                                                                                                                                                                                                                   | 10        |
| Calories from Fat                                                                                                                                                                                                                                          | 10        |
| Total Fat                                                                                                                                                                                                                                                  | 1 g 2%*   |
| EPA (Eicosapentaenoic Acid) (from Fish Oil)                                                                                                                                                                                                                | 300 mg ** |
| DHA (Docosahexaenoic Acid) (from Fish Oil)                                                                                                                                                                                                                 | 200 mg ** |
| GLA (Gamma Linolenic Acid) (from Borage Oil)                                                                                                                                                                                                               | 40 mg **  |
| *Percent Daily Values are based on a 2,000 calorie diet.<br>**Daily Value (DV) not established.                                                                                                                                                            |           |
| Other Ingredients for Omega Plus: Gelatin (from tilapia), Purified Water and Glycerin (from vegetable source) gelcap, Vitamin E (mixed tocopherols).<br>Contains ingredients derived from fish (gelcap = tilapia) (fish oil = anchovy, sardine, mackerel). |           |



PK105  
LPK10502