







Fiber with D3

FIBER 5 GRAMS & VITAMIN D3 1000 IU

per serving

ADULT GUMMIES

Prebiotic Fiber* Supports Healthy GI Function*



A Good Source of Fiber

Supplement Facts

Serving Size 2 Gummies Servings Per Container 37

Amount Per Serving		%Daily Value	
Calories	15		
Total Carbohydrate	8 g	3%**	
Dietary Fiber	5 g	20%	
Sugars	<1 g	***	
Vitamin D (as D3 Cholecalciferol) 1,000 IU		250%	

^{**}Percent Daily Values are based on a 2,000 calorie diet.

Nature's Bounty Fiber Gummies are a great way to provide your body with the fiber and Vitamin D3 it needs to function optimally.* These delicious fiber gummies deliver 5 grams of prebiotic inulin fiber.* Prebiotics are nutritional compounds with the ability to promote the growth of specific, beneficial (probiotic) gut flora.*

Feed Your Flora and Get Healthy with Nature's Bounty Fiber Gummies!

Other Ingredients: Chicory Root Fiber, Gelatin, Citric Acid, Lactic Acid, Natural Flavors, Natural Colors (Black Carrot Juice Concentrate, Turmeric, Annatto, Purple Berry Concentrate, Magenta), Fractionated Coconut Oil, Luo Han Guo Fruit Concentrate, Beeswax.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: For adults, chew two (2) gummies daily, preferably with a meal.

No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Nutrition Questions or Comments? Call 1-800-433-2990 Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

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^{***}Daily Value not established.