SUPER COLON CLEANSE® CAPSULES SUGGESTED USE: Adults take 4 cansules 2 times daily with at least 10-12 ounces of water, juice or your favorite beverage and drink immediately. Taking this product

without enough liquid may cause choking. Children: (6 yrs to 12 yrs): 1/2 the adult dosage. Use Super Colon Cleanse® about every 2 months and for

no more than 10 days at a time. Suggested use for better results: Super Colon Cleanse® may be used alternatively with our top selling Colon Cleanse® Original. Use Super Colon Cleanse® for a thorough cleansing periodically, followed by Colon Cleanse® Original for maintenance in between

For individuals who lack sufficient fiber in their diet and to help maintain regularity.*

NOTICE: This product contains Buckthorn and Senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Buckthorn and Senna may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any

Keep this product out of reach of children. Store below



PSYLLIUM SUPPLEMENT WITH HERBS

ESTABLISHED IN 1981

PROMOTES DIGESTIVE **HEALTH***

HFI PS MAINTAIN CHOI ESTROI WITHIN NORMAL RANGE*

STEP 1 IN A SYSTEM OF 8 **BODY CLEANSING** PRODUCTS FROM **HEALTH PLUS®.**

Supplement Facts

Serving Size: 4 Capsules Serving Per Container: 15

| Amount Per Serving | | %Daily Value |
|----------------------|--------|--------------|
| Calories | 10 | |
| Total Carbohydrate | 1 g | <1%* |
| Dietary Fiber | <1 g | 3%* |
| Iron | 1 mg | 6% |
| | | |
| Psyllium Husk Powder | 1 g | t |
| Senna Leaf Powder | 562 mg | † |
| Fennel Seed | 90 mg | † |
| Papaya Leaf | 90 mg | T T |
| Peppermint Leaf | 76 mg | † |
| Buckthorn Bark | 38 mg | † |
| Celery Seed | 38 mg | † |
| Barberry Root | 38 mg | t |
| Rose Hips | 38 mg | t |
| Acidophilus | 30 mg | |

*% Daily Values are based on a 2000 calorie diet

Daily Value not established Other Ingredients: Gelatin

health PLUS www.healthplusinc.com The next step in internal cleansing: While continuing with Super Colon Cleanse, also use the next 7 products in the Total Body Cleansing System:

Super Liver Cleanse Super Kidney Cleanse

Super Blood Cleanse

Super Adrenal Cleanse Super Heart Cleanse

Super Joint Cleanse

Super Prostate Cleanse

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