

## INTRODUCING SWOLE'S MAXIMUM STRENGTH PRE-WORKOUT FORMULA!

- SUPPORTS NITRIC OXIDE PRODUCTION\*
- PROMOTES POWER & FUELS MUSCLE\*
- INCREASE PUMPS & VASCULARITY\*
- TASTES GREAT & DISSOLVES QUICKLY\*
- MENTAL ALERTNESS & FOCUS\*
- HELPS STAMINA & ENDURANCE\*

### FEATURED IN PREWREK'S PROPRIETARY FORMULA:

**CREATINE**  
AAB

**CarnoSyn**  
Carnosine Synthesizer

**Razberi-K**

**Creapure**

**SUGGESTED USE:** As an adult dietary supplement, mix 1 scoop with 8 to 10 ounces of water and consume 30 to 45 minutes prior to training. Do not take more than 2 scoops at a time and/or 3 servings in a 24 hour period. Exceeding the suggested dosage size or frequency is not recommended and may lead to negative side effects.

**CAUTION:** This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing.

This product was produced in a facility that may also process ingredients containing milk, eggs, soy beans, shellfish, fish, tree nuts, wheat and peanuts.

Contents may settle after shipping. Shake container prior to each use to redistribute ingredients.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**SWOLE**

**50 FULL SERVINGS**

**PREWREK**

**ULTIMATE PRE-WORKOUT MATRIX\***

**FRUIT PUNCH**

Maximum Strength // 349 grams // Dietary Supplement

### Supplement Facts

Serving Size: 7 grams (1 scoop)

Servings Per Container: 50

| Amount Per Serving                                                                                                                                                                          | % Daily Value*      |          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|----------|
| Calories 5                                                                                                                                                                                  | Calories from Fat 0 |          |
| Total Fat                                                                                                                                                                                   | 0 g                 | 0%       |
| Saturated Fat                                                                                                                                                                               | 0 g                 | 0%       |
| Cholesterol                                                                                                                                                                                 | 0 mg                | 0%       |
| Total Carbohydrates                                                                                                                                                                         | 1 g                 | 0%       |
| Dietary Fiber                                                                                                                                                                               | 0 g                 | 0%       |
| Sugars                                                                                                                                                                                      | 0 g                 | †        |
| Chromium (as Chromium Picolinate)                                                                                                                                                           | 120 mcg             | 100%     |
| <b>PREWREK Pump Matrix:</b>                                                                                                                                                                 | <b>3,155 mg</b>     | <b>†</b> |
| Beta alanine (Carnosyn®), L-Arginine Hydrochloride, L-Arginine Alpha Ketoglutarate 1:1, Caffeine Anhydrous, Raspberry Ketones (Razberi K®), Theobromine, <i>Sceletium tortuosum</i> Extract |                     |          |
| <b>SWOLE Muscle Matrix:</b>                                                                                                                                                                 | <b>2,375 mg</b>     | <b>†</b> |
| Creapure® (Patented Creatine Monohydrate), Creatine Alpha Amino-Butyrate 2:1 (Creatine AAB®), L-Citrulline-DL-Malate 1:1, L-Tyrosine, L-Histidine                                           |                     |          |
| <b>Other Ingredients:</b>                                                                                                                                                                   | <b>1,440 mg</b>     | <b>†</b> |
| Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, FD&C Red #40                                                                                                    |                     |          |

\* Percent Daily Value Based on a 2,000 Calorie Diet

† Daily Value not established.

Creapure is a Registered Trademark of AlzChem, LLC and use of it's license under US Patent # 5,719,319

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Creatine AAB® is a Registered Trademark of Integrity Nutraceuticals

Razberi K® is a Registered Trademark of Integrity Nutraceuticals

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