

Emergen-C

Kidz Vitamin C 250MG

DIETARY SUPPLEMENT

Fruit Punch
FLAVORED FIZZY DRINK MIX

Feel the
Good

Tastes Good

- B Vitamins
- Antioxidants
- Naturally Flavored and Sweetened

NET WT. 0.3 OZ (9.2 g)

Directions: Ages 4-13, take one packet up to 2 times a day. Empty contents in a glass, add 4-6 oz. of water, stir. For lighter flavor, mix with more water.

Supplement Facts

Serving Size 1 Packet (9.2 g)

Amount Per Serving		% DV
Calories	25	
Total Carbohydrate	6 g	2%*
Sugars	5 g	
Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate)	250 mg	417%
Niacin	5 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	500%
Folic Acid	40 mcg	10%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	100 mg	10%
Phosphorus (as potassium phosphate, calcium phosphate, sodium phosphate)	38 mg	4%
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg	15%
Zinc (as zinc ascorbate)	2 mg	13%
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium ascorbate)	10 mcg	8%
Sodium (as sodium bicarbonate, sodium phosphate)	60 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate)	250 mg	7%
Quercetin	5 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Fructose, fruit juice powders, citric acid, natural fruit punch flavors, malic acid, vegetable juice color, tartaric acid, tapioca maltodextrin, stevia (leaf extract), silica, glycine, aspartic acid, and cysteine hydrochloride.



Distributed by:

Alacer Corp.

80 Icon, Foothill Ranch, CA 92610

1.888.425.2362 emergenc.com

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