

Directions: As a dietary supplement, take one packet 2 times per day. Empty contents in a glass, add 4-6 oz. of water and stir.

Amount Per Serving		% D\
Calories	20	
Total Carbohydrate	5 g	2%*
Sugars	4 g	
Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate)	1,000 mg	1,667%
Thiamin (as thiamine hydrochloride)	0.38 mg	25%
Riboflavin (as riboflavin 5'-phosphate sodium)	0.43 mg	25%
Niacin	5 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	500%
Folic Acid	12.5 mcg	3%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	50 mg	5%
Phosphorus (as potassium phosphate, calcium phosphate, sodium phosphate)	38 mg	4%
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg	15%
Zinc (as zinc ascorbate)	2 mg	13%
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium ascorbate)	10 mcg	8%
Sodium (as sodium bicarbonate, sodium phosphate)	60 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate)	200 mg	6%
Plant Sterols (from soybeans)	650 mg	d
Lycopene	2 mg	† †
Alpha Lipoic Acid	1 mg	1
Quercetin	1 mg	4

Other Ingredients: Fructose, citric acid, red beet juice, natural black cherry and other natural flavors, tapioca maltodextrin, malic acid, soy lecithin, caramel color, silica, stevia (leaf extract), glycine, aspartic acid, tartaric acid, and cysteine hydrochloride. Contains Soy.



Distributed by: lacer Corp.

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