



CALORIES
Five

1000MG VITAMIN C
DIETARY SUPPLEMENT

Strawberry-Kiwi

Flavored Fizzy Drink Mix

24 Nutrients
with
7 B Vitamins

Antioxidants
and
Electrolytes



NET WT. 0.2 OZ (4.8 g)

Directions: Ages 14 and up, one packet up to 2 times per day.
Empty contents into a glass, add 4-6 oz. of water, stir.

Supplement Facts

Serving Size 1 Packet (4.8 g)

Amount Per Serving		% DV
Calories	5	
Total Carbohydrate	1 g	0%*
Sugars	1 g	
Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate)	1,000 mg	1,667%
Thiamin (as thiamine hydrochloride)	0.38 mg	25%
Riboflavin (as riboflavin 5'-phosphate sodium)	0.43 mg	25%
Niacin	5 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	500%
Folic Acid	12.5 mcg	3%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	50 mg	5%
Phosphorus (as potassium phosphate, calcium phosphate, sodium phosphate)	38 mg	4%
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg	15%
Zinc (as zinc ascorbate)	2 mg	13%
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium ascorbate)	10 mcg	8%
Sodium (as sodium bicarbonate, sodium phosphate)	60 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate)	200 mg	6%
Alpha Lipoic Acid	1 mg	†
Quercetin	1 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Citric acid, strawberry juice powders, kiwi juice powder, fructose, malic acid, tartaric acid, vegetable juice color, tapioca maltodextrin, natural strawberry flavors, silica, sucralose, stevia (leaf extract), glycine, aspartic acid, and cysteine hydrochloride.



Distributed by:

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