

Directions: As a dietary supplement, dissolve contents of one packet in one (1) liter of water. Mix until the powder has all dissolved.

Suppi	ement	Facts	
Serving Size	1 nacket (4.0 g	makes 1 liter of	f Sports Wa

Amount Per Serving	% DV	
Calories	0	
Total Carbohydrate	0 g	0%*
Sugars	0 g	
Calcium (as calcium carbonate)	100 mg	10%
Magnesium (as magnesium hydroxide, magnesium carbonate)	120 mg	30%
Manganese (as manganese gluconate)	2 mg	100%
Chromium (as chromium aspartate)	20 mcg	17%
Potassium (as potassium bicarbonate, potassium carbonate)	408 mg	12%
Stevia (leaf extract)	10 mg	Ť

Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Citric acid, malic acid, tapioca maltodextrin, and natural flavor.



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[†] Daily Value not established.