

Directions: As a dietary supplement, take one packet up to 2 times a day. Empty contents in a glass, add 4-6 oz. of water and stir.

Amount Per Serving		% D\
Calories	25	600007
Total Carbohydrate	6 g	2%
Sugars	5 g	
Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate)	1,000 mg	1,667%
Thiamin (as thiamine hydrochloride)	0.38 mg	25%
Riboflavin (as riboflavin 5'-phosphate sodium)	0.43 mg	25%
Niacin	5 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	500%
Folic Acid	12.5 mcg	3%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	4179
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	50 mg	5%
Phosphorus (as potassium phosphate, calcium phosphate, sodium phosphate)	38 mg	49
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg	15%
Zinc (as zinc ascorbate)	2 mg	139
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium ascorbate)	10 mcg	89
Sodium (as sodium bicarbonate, sodium phosphate)	60 mg	39
Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate)	200 mg	6%
Alpha Lipoic Acid	1 mg	7
Quercetin	1 mg	

Other Ingredients: Cane sugar, fructose, citric acid, raspberry juice powder and other fruit juice powder, natural raspberry flavors, tartaric acid, malic acid, tapioca maltodextrin, vegetable juice color, silica, stevia (leaf extract), caramel color, glycine, aspartic acid, and cysteine hydrochloride.

Distributed by:

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