

**Directions:** As a dietary supplement, take one packet up to 2 times a day. Empty contents in a glass, add 4-6 oz. of water and stir.

Amount Per Serving		% DV
Calories	20	
Total Carbohydrate	5 g	2%*
Sugars	5 g	
Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate)	1,000 mg	1,667%
Thiamin (as thiamine hydrochloride)	0.38 mg	25%
Riboflavin (as riboflavin 5'-phosphate sodium)	0.43 mg	25%
Niacin	5 mg	25%
Vitamin B <sub>s</sub> (as pyridoxine hydrochloride)	10 mg	500%
Folic Acid	12.5 mcg	3%
Vitamin B <sub>12</sub> (as cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	50 mg	5%
Phosphorus (as potassium phosphate, calcium phosphate, sodium phosphate)	38 mg	4%
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg	15%
Zinc (as zinc ascorbate)	2 mg	13%
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium ascorbate)	10 mcg	8%
Sodium (as sodium bicarbonate, sodium phosphate)	60 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate)	200 mg	6%
Alpha Lipoic Acid	1 mg	1
Quercetin	1 mg	1

Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Fructose, citric acid, strawberry fruit powder, natural dragon fruit flavor, tapioca maltodextrin, red beet juice color, malic acid, silica, monk fruit (*Siraitia grosvenorii*), glycine, aspartic acid, tartaric acid, and cysteine hydrochloride.



Distributed by:

## Alacer Corp.

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<sup>†</sup> Daily Value not established.