

Directions: As a dietary supplement, take one packet up to 2 times a day. Empty contents in a glass, add 4-6 oz. of water and stir.

| Amount Per Serving | | % D\ |
|--|----------|--------|
| Calories | 25 | |
| Total Carbohydrate | 6 g | 2% |
| Sugars | 6 g | |
| Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate) | 1,000 mg | 1,667% |
| Thiamin (as thiamine hydrochloride) | 0.38 mg | 25% |
| Riboflavin (as riboflavin 5'-phosphate sodium) | 0.43 mg | 25% |
| Niacin | 5 mg | 25% |
| Vitamin B _s (as pyridoxine hydrochloride) | 10 mg | 500% |
| Folic Acid | 12.5 mcg | 3% |
| Vitamin B ₁₂ (as cyanocobalamin) | 25 mcg | 4179 |
| Pantothenic Acid (as calcium pantothenate) | 2.5 mg | 25% |
| Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate) | 50 mg | 5% |
| Phosphorus (as potassium phosphate, calcium phosphate, sodium phosphate) | 38 mg | 4% |
| Magnesium (as magnesium hydroxide, magnesium carbonate) | 60 mg | 15% |
| Zinc (as zinc ascorbate) | 2 mg | 13% |
| Manganese (as manganese gluconate) | 0.5 mg | 25% |
| Chromium (as chromium ascorbate) | 10 mcg | 8% |
| Sodium (as sodium bicarbonate, sodium phosphate) | 60 mg | 3% |
| Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate) | 200 mg | 6% |
| Monk Fruit (Siraitia grosvenorii) | 10 mg | 95 |
| Alpha Lipoic Acid | 1 mg | - 1 |
| Quercetin | 1 mg | |

Other Ingredients: Fructose, citric acid, lemon powder, honey powder, natural lemon with other natural flavors, tapioca maltodextrin, malic acid, silica, vegetable juice color, glycine, aspartic acid, tartaric acid, and cysteine hydrochloride.



Distributed by:

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