



\*\*\*Bottle gourd is high in dietary fibre, vitamin C, Riboflavin, Zinc, Thiamine, Iron, Magnesium, Manganese etc. It is also low in saturated fat and cholesterol. It is considered to be useful in conditions of constipation, urinary disorders, excessive thirst due to severe diarrhoea, diabetes. It is also said to help control cholesterol and considered effective on joint pain and weight loss. Herbal Hills Bottle Gourd is Organically Grown at the Pollution free Sahyadri Mountain range, India, and Certified Organically Processed as per Indian Standard & in accordance with the organic standards of U.S.D.A.

Batch No. :

Exp. Date :

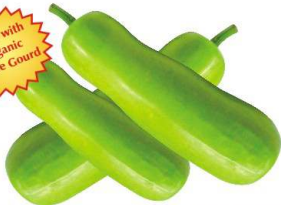
Mfg. Lic. No. 11512022000298

Manufactured & Marketed by:  
Isha Agro Developers Pvt. Ltd.  
(An ISO 22000:2005 Certified Company)  
36-A, Lonavala Indl. Co-op. Est. Ltd.,  
Nangargaon, Lonavala. India

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Made with  
Organic  
Bottle Gourd



# HERBAL HILLS®

## Dudhi Power

### Green Food Supplement

Dietary Supplement / 60 Tablets

• PURE • NATURAL • EFFECTIVE

## Supplement Facts

Serving Size 6 Tablets

Serving per Container 10

Amount Per Serving	***% DV	Amount Per Serving	***% DV
Calories 12.64		Protein 0.31 g	
Calories from Fat 0.32		Vitamin A	0 %
<b>Total Carbohydrate</b> 2.77 g	0.91 %	Vitamin C	1.75%
Dietary fiber 0.96 g	3.85 %	Calcium	0.74%
Sugars 1.32 g	0 %	Iron	2.84%
<b>Total Fat</b> 0.04 g	0.07 %	Sodium 1.84mg	0.02%
Saturated fat 0.01 g	0.07 %		
Trans fat 0 g	0 %	Organic Bottle Gourd Powder 3g †	

\*\*% Daily Values are based on a 2000 Calorie diet.

† Daily Values not established

**Other Ingredients :** Xanthan Gum, Maize Starch, Silica, HPMC (Seal Coat), Magnesium stearate.

**Direction for use :** As a dietary supplement take 4 to 6 tablets after meals or as recommended by the Healthcare Practitioner. For better results it should be taken with warm water

**Caution :** Pregnant or lactating women are advised to consume herbal products under the advice of the Healthcare Practitioner.

\*\*\* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool dry place away from direct sunlight.  
Keep out of reach of children. Do not use if inner seal is broken or missing.