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SUGGESTED USAGE: A chewable dietary supplement for children. Children age 4 and up: Take 2 chewables daily with food. Children 1-3 years of age: Take 1 or 2 chewables daily with food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.



Supplement Facts

Serving Size 2 Chewable Tablets Serving Per Container 60

	Amount Per Serving	%Daily Value for Children Under 4 yrs.	%Daily Value for Children Over 4 yrs.
Calories	15		
Total Carbohydrate	3 g	†	1%*
Sugars	2 g	†	†
Vitamin A [from 60% Retinyl Palmitate and 40% Beta-Carotene (as pro-Vitamin A)]	5,000 IU	200%	100%
Vitamin C (as Ascorbic Acid)	60 mg	150%	100%
Vitamin D (as Ergocalciferol)	200 IU	50%	50%
Vitamin E (from d-alpha Tocopheryl Succinate)	30 IU	300%	100%
Thiamine (from Thiamine HCl) (Vitamin B-1)	1.5 mg	214%	100%
Riboflavin (Vitamin B-2)	1.7 mg	213%	100%
Niacin (as Niacinamide) (Vitamin B-3)	20 mg	222%	100%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	286%	100%
Folate (as Folic Acid)	400 mcg	200%	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	200%	100%
Biotin	300 mcg	200%	100%
Pantothenic Acid (from Cal. d-Pantothenate)	10 mg	200%	100%
Calcium (from Cal. Citrate and Carbonate)	20 mg	3%	2%
Iron (from Ferrochel® Iron Bisglycinate)	5 mg	50%	28%
Iodine (from Potassium Iodide)	150 mcg	214%	100%
Magnesium (from Magnesium Citrate)	10 mg	5%	3%
Zinc (from Zinc AAC**)	3 mg	38%	20%
Manganese (from Manganese AAC**)	100 mcg	†	5%
Chromium (from AAC**) (Chelavite®)	120 mcg	†	100%
Molybdenum (from Molybdenum AAC**)	75 mcg	†	100%
Potassium (from Pot. Chloride and Iodide)	5 mg	†	< 1%

Orange (<i>Citrus sinensis</i>) (Fruit)	100 mg	†	†
Choline (from Choline Bitartrate)	2 mg	†	†
Inositol	2 mg	†	†
PABA	2 mg	†	†
Lutein (from Marigold Extract)	500 mcg	†	†
Lycopene (from Natural Tomato Extract)	500 mcg	†	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Fructose, Sorbitol, Coconut Oil, Barley Malt, Stearic Acid (vegetable source), Xanthan Gum, Citric Acid, Natural Flavors, Magnesium Stearate (vegetable source), Silica and Beta-Carotene.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no salt, yeast, wheat, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

AAC**= Amino Acid Chelate

KEEP BOTTLE TIGHTLY SEALED.

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Tablet speckling which may occur is normal and does not affect product quality or nutritional value.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.