

ALL NATURAL

live the source®
MULTIVITAMIN
 MINERAL & HERBAL SUPPLEMENT
 All Natural Wild Berry Flavor

Helps with
 stress
 immunity
 heart health††

DIETARY SUPPLEMENT
 30 fl. oz. (900ml)



Supplement Facts

Serving Size: 1 fl. oz. (1 Capful)
 Servings Per Container: 30

Amount Per Serving	% Daily Value*	
Calories 31		
Total Fat	0 g	0%
Sodium	0 g	0%
Total Carbohydrates	8 g	2%
Dietary Fiber	2 g	0%
Sugars	0 g	0%
Protein	0 g	0%
Vitamin A (as Palmitate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopherol Acetate)	30 IU	100%
Vitamin B1 (as Thiamin HCl)	1.5 mg	100%
Vitamin B2 (as Riboflavin)	1.7 mg	100%
Vitamin B3 (as Niacin, Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	500 mcg	8,333%
Biotin	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Calcium Citrate)	100 mg	10%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Lactate)	100 mg	25%
Zinc (as Zinc Sulfate)	15 mg	100%
Selenium (as Sodium Selenite)	70 mcg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Potassium (as Monopotassium Phosphate)	99 mg	3%
Choline (as Choline Bitartrate)	10 mg	**
Inositol	10 mg	**
Proprietary Blend	1,500 mg	**
Astragalus Root Extract	Eleuthero Root Extract	Rose Hip Extract
Oat Seed Extract	Green Tea Extract	Elderberry Extract
Hawthorne Berry Extract	Ginger Root Extract	Skullcap Flower Extract

* Percent of Daily Value is based on a 2,000 calorie diet
 ** Daily Value (DV) not established

Other Ingredients: Purified Water, Red Raspberry Concentrate, Cranberry Concentrate, Lime Concentrate, Vegetable Glycerin, Natural Flavors, USP Alcohol, Citric Acid, Lecithin, Potassium Sorbate (to preserve freshness), Fruit and Vegetable Juice (color), Paprika (color)

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Multi-Vitamin Mineral and Herbal Supplement

SHAKE WELL

Working in combination, the specially selected vitamins, minerals and herbal compounds provide a substantial increase in nutritional value than if they were taken individually, and this distinctive synergy is a considerable health benefit. We use all natural plant lipids as the basis for our nanoencapsulation. This All Natural Patented Nanotechnology™ creates a particle size small enough to be absorbed with maximum efficiency. The phytonutrients contained within the herbs include antioxidants, flavinoids, enzymes, saponins, trace minerals and more, all helping to maximize the health-boosting functions of the vitamins and minerals. ††

Stress - Eleuthero Root, Oat Seed and Skullcap

Immunity - Astragalus, Elderberry and Rose Hips

Heart Health - Hawthorne Berry, Green Tea and Ginger ††

This product is allergen free of yeast, corn, wheat, lactose, dairy, citrus, egg, fish and nut products. It contains no sugar, artificial flavors, colors or sweeteners.

Directions: As a dietary supplement for adults and children over 12, SHAKE WELL and drink 1 fl. oz. daily at any time of the day with a FULL MEAL. May be added to cold water. For best results, hold in mouth 15 to 20 seconds before swallowing. Do not exceed the recommended dosage. Secure cap and store in a cool, dry place. Refrigerate after opening. Niacin may cause flushing, tingling, and redness of the skin, particularly if taken on an empty stomach. This may last a few minutes or hours. If this occurs, it can often be relieved by drinking 1 to 2 glasses of water.

Warning: Do not use if safety seal is broken or missing. If you are pregnant or lactating do not use without consulting a physician. You should always consult a physician before beginning any supplement regimen, especially if you are under a physicians care or taking any medications. **Keep out of reach of children.**

†† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to prevent, diagnose, treat or cure any disease or medical condition.

Distributed by: livethesource, Inc.

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