SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 3 times daily with food or as directed by your healthcare practitioner.

HOW IT WORKS: The Omega-3 Fatty Acids (FAs) abundant in fish oils are known for their many health benefits and are associated with their ability to support a healthy, balanced inflammatory response.* Numerous scientific studies have demonstrated that Omega-3 FAs are important for the modulation of prostaglandin and leukotriene synthesis.* These two classes of signaling molecules are critical for the maintenance of cardiovascular health, immune system function, and joint comfort.* In addition, Omega-3 FAs are essential for the health of neuronal tissues, including the brain, and have been shown to play a role in both mood and cognition.* Emerging evidence also indicates that Omega-3 FAs may be important in the maintenance of healthy body composition through a number of mechanisms. This highly purified fish oil concentrate is produced under stringent quality control standards and is without toxic environmental contaminants and heavy metals like mercury. Those who experience nausea or burping from other fish oils should find this enteric coated, odor controlled softgel easier to digest

CAUTIONS/INTERACTIONS: Omega-3 FAs may interact with NSAIDS, anticoagulants and antiplatelet drugs and could theoretically increase the bleeding risk in some individuals. Theoretically, Omega-3 FAs could interact with antihypertensive agents and cyclosporine. Consult your healthcare practitioner if you are taking any of these or other medications or if you plan to have surgery. For more information on this product go to www.protocolforlife.com/P1656

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This bottle contains an AGELESS® Oxygen Absorber to ensure freshness. Do not eat Packet. Store in a cool, dry place after opening. Please Recycle.





Molecularly Distilled

Omega-3

Odor Controlled - Enteric Coated

- 180 EPA / 120 DHA
- Cholesterol Free
- Supports Cardiovascular Health*

90 Softaels

A Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

| | Amount Per Serving | % Daily Value |
|-------------------------------|-----------------------|------------------|
| Calories | 10 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 2%* |
| Saturated Fat | < 0.5 g | 2%* |
| Trans Fat | 0 g | t |
| Polyunsaturated Fat | 0.5 g | † |
| Natural Fish Oil Concentrate | 1 g (1,000 mg) | Ť |
| Omega-3 Fatty Acids | 400 mg | - 1 |
| Eicosapentaenoic Acid (EPA)** | 180 mg | t |
| Docosahexaenoic Acid (DHA)** | 120 mg | † |
| Other Omega-3 Fatty Acids | 100 mg | + |

Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established Other ingredients: Softgel Capsule (gelatin, glycerin, water, enteric coating) and

Vitamin E (as natural d-alpha tocopherol with mixed tocopherols). Contains fish (sardines, anchovies, mackerel) and sov.

Distributed by Protocol For Life Balance® 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with yeast, wheat, gluten, milk, egg, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. **As the naturally occurring triglyceride forms.