THORNE



5-MTHF 1mg

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One Capsule		
Each Capsule Contains:		% DV
Folate (as L-5-Methyltetrahydrofolate†)	1 mg	250%
Daily Value (DV)		

Other Ingredients: Microcrystalline Cellulose, Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

Suggested Use: Take 1 capsule one to three times daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place. If pregnant, consult your health-care practitioner before using this product. †This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolate (Extrafolate-S®). Extrafolate-S is a registered trademark of Gnosis S.p.A.



Manufactured By: Thorne Research, Inc. P.O. Box 25, Dover, Idaho 83825 USA 1-800-228-1966 www.thorne.com



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