

THORNE

R E S E A R C H



BIO-B12[®]

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One Capsule

Each Capsule Contains:			Each Capsule Contains:		
% DV			% DV		
Vitamin B12 (as Methylcobalamin)	1 mg	16,667%	Zinc (as Zinc Picolinate)	15 mg	100%
Folic Acid	800 mcg	200%	Papain†	75 mg	*
			*Daily Value (DV) not established.		

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Silicon Dioxide.

Suggested Use: Take 1 capsule one to three times daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed.

If pregnant, consult your health-care practitioner before using this product.

Store tightly sealed in a cool, dry place.

†An enzyme derived from Papaya (*Carica papaya*).



HYPOALLERGENIC

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LB12010