Directions: As a dietary supplement, take the contents of one pack daily with food.

Women's Ultra Mega® without Iron & Iodine

Supplement Facts

Silica (as Silicon Dioxide)

Amount Per Serving	% D	aily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	500 mg	50%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Superfoods Fruit & Vegetable Blend Orange Peel Powder, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pumace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Grape Skin	105 mg	*

Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Grape S Powder, Tomato Powder	kin
Beauty Blend	100 mg
Green Tea Leaves Extract, alpha-Lipoic Acid, Collagen, Hyaluron	ic Acid (HA)
Choline (as Choline Bitartrate)	10 mg

10 mg

4 mg

Amount Per Serving	% Daily	% Daily Value	
Boron (as Hydrolyzed Protein Chelate)	2 mg	*	
Lycopene	950 mcg	*	
Lutemax 2020™ Lutein	950 mcg	*	
Zeaxanthin	190 mcg	*	
Astaxanthin	50 mcg	*	
Vanadium (as Sodium Metavanadate)	10 mcg	*	
* Daily Value not established.			

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Natural Vanilla Flavor, Chlorophyll, Sucralose

CONTAINS: Fish and Sovbeans.

ACTUAL SIZE

Energy Enhancer

Supplement Facts

Serving Size One Beige Caple

Amount Per Serving

Proprietary Energy Blend 653.75 mg Guarana Seed Extract (Paullinia cupana)(36% Caffeine = 90 mg). Black Tea Leaves Extract (Camellia sinensis). MegaNatural® Grape Skin & Seed

Extract (Vitis vinifera), Ginger Root Extract (Zingiber officinale). MegaNatural® Gold Grane Seed Extract (Vitis vinifera). Dill Weed Extract

(Anethum graveolens)

* Daily Value not established.

Other Ingredients: Dextrose, Cellulose, Starch, Titanium Dioxide (Natural Mineral Whitener), Caramel Color, Ethyl Vanillin,

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

Ginkgo Biloba

Supplement Facts

Amount Per Serving

Ginkgo biloba Leaf Extract (24% Ginkgo Flavonglycosides = 14.4 mg)

(6% Terpene Lactones = 3.6mg) Daily Value not established

Other Ingredients: Cellulose, Vegetable Cellulose Capsule,

Potency of Flavonglycosides verified by GNC procedure #5000. Conforms to USP <2091> for weight. Meets USP <2040 > disintegration.



WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition, Discontinue use two weeks prior to surgery

† Compared to leading brands.

No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free,

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For more information: 1-888-462-2548

SHOP NOW @ GNC.COM General Nutrition Corporation Pittsburgh, PA 15222



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GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to guality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

2X MORE D-3^t



Dietary Supplement

NUTRITIONAL SUPPORT FOR ACTIVE WOMEN

Clinically studied multivitamin[^] with 1.600 IU of vitamin D-3 Boosts Energy and enhances metabolism* Promotes mental sharpness with ginkgo biloba* Supports immune defense with antioxidants*





WOMEN'S ULTRA MEGA® ENERGY

GNC Women's Ultra Mega® Energy Vitapak® Program conveniently combines nutrients and special ingredients designed to support women's overall health energy and mental sharpness.*

- Women's Ultra Mega® without Iron and Iodine Our premium timed-release, clinically studied formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Women's Ultra Mega® contains 1,600 IU of vitamin D-3 for breast and bone health and immune support, as well as, B-vitamins that are important for cardiovascular health and energy production.* It's enhanced with 500 mg of bone-strengthening calcium; a hair, skin and nails blend; and features a broad spectrum of cell-protecting antioxidant nutrients that also support immune
- Energy Enhancer Thermogenic formula designed to enhance metabolism, burn calories and boost energy levels.* Its powerful ingredients enhance cellular utilization and promote increased cellular metabolic activity.*
- Ginkgo Biloba Standardized ginkgo supports mental sharpness and increased blood flow,*

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

> These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.