

CODE 3852

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ACTUAL SIZE

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.



Vit-Min 100

HIGH POTENCY MULTIPLE

- Sustained Release
- Includes Trace Minerals

90 Tablets
A Dietary Supplement


Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Beta-Carotene (as pro-Vitamin A 6 mg)	10,000 IU	200%
Vitamin A (as Retinyl Acetate)	10,000 IU	200%
Vitamin C (from Calcium Ascorbate)	250 mg	417%
Vitamin D-3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as Natural d-alpha Tocopheryl Succinate)	150 IU	500%
Thiamine (from Thiamine HCl) (Vitamin B-1)	100 mg	6667%
Riboflavin (Vitamin B-2)	100 mg	5882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (from Pyridoxine HCl)	100 mg	5000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (from Calcium Pantothenate)	100 mg	1000%
Calcium (from Calcium Ascorbate and Calcium Carbonate)	50 mg	5%
Iron (from Amino Acid Chelate)	10 mg	56%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Magnesium Oxide and Amino Acid Chelate)	30 mg	8%
Zinc (from Amino Acid Chelate)	15 mg	100%
Selenium (from Amino Acid Chelate)	25 mcg	36%
Copper (from Amino Acid Chelate)	500 mcg	25%
Manganese (from Amino Acid Chelate)	5 mg	250%
Chromium (from Yeast-Free GTF)	100 mcg	83%
Molybdenum (from Amino Acid Chelate)	50 mcg	67%

	Amount Per Serving	% Daily Value
Potassium (from Amino Acid Chelate)	10 mg	< 1%
Boron (from Amino Acid Chelate)	500 mcg	†
Vanadium (from Amino Acid Chelate)	50 mcg	†
Choline (from Choline Bitartrate)	100 mg	†
Inositol	100 mg	†
PABA	50 mg	†
Rutin	25 mg	†
Betaine HCl	25 mg	†
Glutamic Acid	25 mg	†
Spirulina	50 mg	†
Barley Grass	50 mg	†
Citrus Bioflavonoids (37% Bioflavonoids as Hesperidin)	25 mg	†
Psyllium Husk Fiber	25 mg	†

† Daily Value not established.

Other ingredients: Base containing 72 Trace Minerals, Silica, Stearic Acid (vegetable source), Dicalcium Phosphate, Cellulose and Vegetable Coating.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no sugar, salt, yeast, wheat, milk, egg, shellfish or preservatives.

Sustained Release Formula.