

**DAILY
NUTRITION**

MET-Rx® SUPER JOINT GUARD

HEAVY LIFTING PUTS EXTREME STRESS ON YOUR MUSCLES AND JOINTS, WHICH IS WHY IT'S ESSENTIAL TO PROVIDE YOUR BODY WITH THE FIREPOWER IT NEEDS TO COME BACK BIGGER AND STRONGER.

SPECIFICALLY DESIGNED FOR BODYBUILDERS AND ATHLETES, MET-Rx® SUPER JOINT GUARD COMBINES TIME-TESTED NUTRIENTS TO HELP SUPPORT JOINT CARTILAGE, MOBILITY AND OVERWORKED JOINTS.* EACH SERVING PROVIDES IMPORTANT COMPONENTS FOUND WITHIN THE JOINT STRUCTURE - SUCH AS GLUCOSAMINE AND CHONDROITIN, ALONG WITH OMEGA 3 & 6 ESSENTIAL FATTY ACIDS.

IF YOU TAKE A PROTEIN SUPPLEMENT EVERY DAY TO BUILD YOUR MUSCLES, MAKE SURE TO STACK IT WITH MET-Rx® SUPER JOINT GUARD TO HELP SUPPORT YOUR CARTILAGE - SO YOU CAN UNLEASH THE PAIN ON THE WEIGHTS, NOT ON YOUR JOINTS.*

Directions: For adults, take four (4) softgels once daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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» **SUPER JOINT GUARD BLEND TO HELP
SUPPORT CARTILAGE***

GLUCOSAMINE, CHONDROITIN, MSM

» **ULTRA OMEGA 3-6-9 BLEND**

FLAXSEED, EVENING PRIMROSE OIL, FISH OIL

**120 RAPID RELEASE
SOFTGELS**

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 4 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	45
Calories from Fat	25
Total Fat	3 g 4% **
Saturated Fat	<0.5 g 2% **
Polyunsaturated Fat	1.5 g ***
Monounsaturated Fat	0.5 g ***
Total Carbohydrate	2 g 1% **
Protein	2 g 4% **
Vitamin C (as Ascorbic Acid)	80 mg 133%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13 IU 43%
Manganese (as Manganese Aspartate)	4 mg 200%
Sodium	65 mg 3%

Super Joint Guard Proprietary Blend	3,800 mg (3.8 g)	***
Glucosamine Sulfate • 2KCl		***
MSM (Methylsulfonylmethane), Chondroitin Sulfate		***
Ultra Omega 3, 6, 9 Proprietary Blend	400 mg	***
Evening Primrose Oil (seed)		***
Cis-Linoleic Acid (LA)	146 mg	***
Gamma-Linolenic Acid (GLA)	18 mg	***
Flaxseed Oil		***
which typically contains:		
Alpha-Linolenic Acid	45 mg	***
Linoleic Acid	11 mg	***
Oleic Acid	11 mg	***
Fish Body Oils		***
provides 30 mg of Total Omega-3 Fatty Acids†		***
comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***
Boron (as Boron Citrate)	4 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Caramel Color.
Contains soy, fish (anchovy, mackerel, sardine) and shellfish (shrimp) ingredients.
†As Natural Triglycerides

MET-Rx®
Shaping Every Body.™

Manufactured in the USA by MET-Rx Nutrition, Inc.
Boca Raton, FL 33487

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Questions? Call toll free 1-800-55-MET-Rx
To learn more, please go to www.MET-Rx.com

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