

Suggested Use: Take two (2) vegetable capsules at bedtime or as recommended by your healthcare professional.

Sweet Dreams™ is a natural blend intended to quiet the mind enabling restful sleep.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Before you take any supplement, please consult your physician or other licensed healthcare professional to determine if it's appropriate for you.

KEEP OUT OF REACH OF CHILDREN

Pregnant or lactating women should consult a healthcare professional prior to use.



Dietary Supplement • 60 Vegetable Capsules

SUPPLEMENT FACTS

Serving size: 2 vegetable capsules
Servings per container: 30

Ingredients	Amount Per Serving	% DV
Chamomile Flower Extract 4:1	250mg	†
GABA Gamma Aminobutyric Acid	250mg	†
Lemon Balm Powder (Melissa Officinalis)	125mg	†
Hops Flower Extract 4:1	125mg	†
L-Glycine USP	125mg	†
Passion Flower Extract (Std 4%Flavonoids)	100mg	†
5HTP-5-Hydroxytryptophan (Ex Griffonia Simplicifolia) (Nat)	25mg	†
Melatonin (98%)	2mg	†

† Daily Value not established.

Other ingredients: Magnesium Stearate Vegetable Grade, Maltodextrin, Silicon Dioxide, Vegetable Capsule.

Formulated for: **INSTITUTE FOR VIBRANT LIVING®**
P.O. Box 3840, Camp Verde, AZ 86322
To Reorder Call: **1-800-218-1379**
www.IVLProducts.com

