

Citrulline has been identified as a NEW human growth hormone stimulant and is the foundation of our powerful Amino Acid Blend. Generated from L-arginine, Citrulline is an important amino acid that works to detoxify the liver of ammonia. Citrulline production in the liver can drop as we age, this can cause a dangerous build-up of ammonia surrounding the tissues. This can result in fatigue, inflammation and a weakened immune system. Citrulline is also a key metabolite in increasing the body's production of nitric oxide, which helps to increase blood flow.*

ZMA® is a totally unique, anabolic mineral support formula containing zinc monomethionine aspartate, magnesium aspartate and vitamin B6 in precise ratios. By helping to promote deep, restful sleep, ZMA® is designed to fortify the release of the body's own hGH, and help to maximize the absorption of zinc and magnesium - important nutrients in the production of growth hormones and reduction of cortisol.*

Secretagogue hGH Plus® is sweetened with fructose, an all-natural substance with a low glycemic index of 20, which will not cause a rapid rise in blood sugar levels. Secretagogue hGH Plus® has a pleasant and refreshing taste.*

INDIVIDUAL RESULTS MAY VARY Store at 15-30°C (59-86°F) Protect from heat, light and moisture.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Secretagogue hGH Plus® is an all-natural, proprietary blend of amino acids and precursor nutrients. Secretagogue hGH Plus® may help to restore your body's balance of human growth hormone (hGH) and insulin-like growth factor 1 (IGF-1).*

SUGGESTED USE: Dissolve contents of 1 packet in 4 ounces of water, once a day, in the morning or at bedtime on an empty stomach (preferably 2 hours before mealtime or 2 hours after mealtime) for 5 days. Skip 2 days and repeat cycle.

Continue use for 3 months, skip one month and begin cycle again.

This product is not recommended for use by pregnant or nursing women or by women trying to conceive. You should always seek the advice of a healthcare professional before beginning the use of any treatment. Persons taking pharmaceutical medications and those with medical conditions should consult with a healthcare professional before using this product.

KEEP OUT OF REACH OF CHILDREN

Before you take any supplement, please consult your physician or other licensed healthcare professional to determine if it's appropriate for you.

Secretagogue hGH Plus®

Ultimate Anti-Aging Formula
with ZMA® & Citrulline



SUPPLEMENT FACTS

Serving Size: 13.5 grams (1 pouch)
Servings Per Box: 20

Amount Per Serving	% Daily Value	
Calories	40	
Total Carbohydrate	10 g	3%**
Sugars	4 g	
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	0.2 mg	10%
Magnesium (as magnesium aspartate)	10 mg	3%
Zinc (as zinc l-monomethionine)	0.6 mg	4%
Sodium (as sodium bicarbonate)	210 mg	9%
Amino Acid Blend	1000 mg	*
L-Arginine, L-Citrulline, L-Glutamic Acid, L-Glutamine, L-Glycine, L-Lysine, L-Tyrosine, GABA (gamma aminobutyric acid)		
ZMA® (zinc l-monomethionine, magnesium aspartate, pyridoxine hydrochloride)	50 mg	*
Broad Bean (fruit)	10 mg	*

** Percent Daily Values are based on a 2,000 calorie diet.
* Daily Values not established.

Other Ingredients: Maltodextrin, fructose, citric acid, natural flavors, beet root extract (color), malic acid, tartaric acid, sucralose, riboflavin (color). ZMA® is a Federal trademark of SNAC Systems, Inc, San Carlos, CA 94070

Formulated for: **INSTITUTE FOR VIBRANT LIVING**
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