

**ELECTROLYTES
PLUS
CREATINE
AND D-RIBOSE**

**ENERGY
RESTORATION***

**PREVENTS
DEHYDRATION***

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**THORNE
PERFORMANCE™**
Vitality in Motion™

Catalyte™

**ELECTROLYTE & ENERGY
RESTORATION COMPLEX**

PRE DURING POST



NET WT. 10.2 oz (288 g)
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Scoop
Servings Per Container: 30

Each (9.6 g) Scoop Contains:	% DV	Each (9.6 g) Scoop Contains:	% DV	Each (9.6 g) Scoop Contains:	% DV
Vitamin C (as Sodium Ascorbate)	100 mg 166%	Calcium (as citrate reacted from calcium carbonate and citric acid)	80 mg 8%	Sodium (as citrate reacted from sodium bicarbonate and citric acid, sodium chloride)	240 mg 10%
Thiamin (as Thiamin HCl)	2 mg 133%	Magnesium (as Magnesium Creatine Chelate 230 mg and as citrate reacted from magnesium carbonate and magnesium oxide and citric acid 40 mg)	270 mg 68%	Potassium (as Potassium Citrate and as citrate reacted from potassium bicarbonate and citric acid)	80 mg 2%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	2 mg 118%	Chromium (as Chromium Arginate)	20 mcg 17%	Magnesium Creatine Chelate†	2.9 g *
Vitamin B6 (as Pyridoxal 5'-Phosphate)	2 mg 100%	Chloride (as Sodium Chloride)	80 mg 2%	D-Ribose	2.5 g *
Folate (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	20 mcg 5%				
Vitamin B12 (as Methylcobalamin)	6 mcg 100%				
Pantothenic Acid (as Calcium Pantothenate)	4 mg 40%				

*Daily Value (DV) not established.

OTHER INGREDIENTS: Natural Lemon-Lime Flavoring, Stevia extract (leaf) (Rebaudioside A 95%), Silicon Dioxide.

SUGGESTED USE: Mix 1 scoop in 16 ounces of water. Consume before, during, and after your workout or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place. If pregnant, consult your health-care practitioner before using this product.

†This product uses Albion Laboratories, Inc.'s Magnesium Creatine Chelate (Creatine Magnapower®). Creatine Magnapower is a registered trademark of Albion Laboratories, Inc. Protected by U.S. Patent No. 6,114,379.



TRP101
LTRP10102

THORNE RESEARCH

HYPOALLERGENIC

MANUFACTURED BY: THORNE RESEARCH, INC. | P.O. BOX 25, DOVER, IDAHO 83825 USA | 1-800-228-1966 | WWW.THORNEPERFORMANCE.COM