

Manufactured for **INSTITUTE FOR VIBRANT LIVING**
P.O. Box 3840, Camp Verde AZ 86322
1-800-218-1379 • www.IVLProducts.com

Suggested Use: For adults, take 1 softgel up to three times daily preferably with a meal.

Note: If you are pregnant, nursing, have any health condition or are taking any medications, consult your health care practitioner before using this product.

Keep out of reach of children.
Store in a cool, dry place.

Hexane Free

Manufactured in an NSF GMP certified facility.

Made in the **USA** 



Omega 3 • 6 • 9

90 Softgels
Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		% Daily Value
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2% **
Polyunsaturated Fat	0.5 g	*
Cholesterol	less than 5mg	1%
Vitamin E (as d-Alpha Tocopherol)	5 IU	17%
Organic Flaxseed Oil	400mg	*
Borage Seed Oil	400mg	*
Fish Oil	400mg	*
These three oils typically provide the following Fatty Acid Profile:		
Omega-3 Fatty Acids	380mg	*
Alpha Linolenic Acid (ALA)	180mg	*
Eicosapentaenoic Acid (EPA)	120mg	*
Docosahexaenoic Acid (DHA)	80mg	*
Omega-6 Fatty Acids	268mg	*
Linoleic Acid	180mg	*
Gamma Linolenic Acid (GLA)	76mg	*
Omega-9 Fatty Acids (Oleic Acid)	80mg	*

** Percent Daily Values are based on a 2000 calorie diet.

* Daily Value not established

Other ingredients: Gelatin, vegetable glycerin, mixed natural tocopherols, soybean oil, purified water.

Contains fish (anchovy, mackerel, sardine) ingredients.