

HERBAL SUPPLEMENT



Batch No. :

Exp. Date :

Neutral Code # MH/PD/AYU/002/10

Manufactured & Marketed by:

Isha Agro Developers Pvt. Ltd.

(An ISO 22000:2005 Certified Company)

55-A/B, Lonavala Indl. Co-op. Est. Ltd.,

Nangargaon, Lonavala. India

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Store in a cool dry place away from direct sunlight.
Keep out of reach of children. Do not use if inner seal is broken or missing.

HERBAL HILLS®

Methihills™

Joint Health Support



8% Saponins, 5% Bitter*

Dietary Supplement / 60 Capsules

• PURE • NATURAL • EFFECTIVE

***Fenugreek has an immense healing power & is considered to be very effective anti-inflammatory herb & may help relieve symptoms related to pain due to exercise & normal overuse. Being rich in dietary fibers, helps maintain healthy blood sugar levels. Helps elevate prolactin level.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Fenugreek seed extract & Fenugreek seed powder Blend (Trigonella foenum graecum) (Standardized to contain 8% Saponins = 40 mg) (5% Bitter = 25 mg)	500 mg	**

**Daily Value not established

Other Ingredients : Magnesium Stearate, Silica, Gelatin Capsule.

*Contents based on standard Raw Material as per Ayurvedic Text

Direction for use : As a dietary supplement take 1 capsule twice daily, preferably after meals or as recommended by a Healthcare Practitioner. For better results it should be taken with warm water

Caution : Pregnant or lactating women are advised to consume herbal products under the advice of the Healthcare Practitioner.

*** These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.