

SUGGESTED USAGE: As a dietary supplement, take 3 Vcaps® daily with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Ortho Multi™ for Men contains Saw Palmetto Extract, Nettle Root Extract, Panax Ginseng, ZMA® (a patented form of Zinc), Ginkgo Biloba Extract, LYC-O-MATO® Lycopene and FloraGLO® Lutein, all nutrients to enhance men's health, in a complete multiple vitamin and mineral formulation.*

CAUTIONS/INTERACTIONS: No general cautions. For more information on this product go to www.protocolforlife.com/P3878.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat Packet. **KEEP BOTTLE TIGHTLY SEALED.**

ZMA® is a registered trademark of SNAC Systems, Inc. and is available from InterHealth Nutraceuticals, Inc.; FloraGLO® is a registered trademark of Kemin Industries, Inc.; Chromium Chelavite® is a registered trademark of Albion Labs.; Vcaps® is a registered trademark of Capsugel.; ZinMax® is a registered trademark of Nutrition 21.

PROTOCOL
FOR LIFE BALANCE™
**IRON
FREE**

Ortho Multi™ for Men

Saw Palmetto, Lycopene, Ginseng
Lutein, CoQ10, ZMA® Zinc
& Nettle Root Extract

90 Vcaps®

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 3 Vcaps® Servings Per Container 30

	Amount Per Serving	%Daily Value
Beta-Carotene (as pro-Vitamin A 6 mg)	10,000 IU	200%
Vitamin C (from Calcium Ascorbate)	350 mg	580%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (from d-alpha Tocopheryl Succinate)	200 IU	670%
Vitamin K (as Phytonadione)	50 mcg	60%
Thiamine (Vit. B-1) (from Thiamine HCl)	25 mg	1670%
Riboflavin (Vitamin B-2)	25 mg	1470%
Niacin (Vitamin B-3) (as Niacinamide)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P))	25 mg	1250%
Folate (as Folic Acid)	800 mcg	200%
Vitamin B-12 (as Methylcobalamin)	250 mcg	4170%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium d-Pantothenate)	100 mg	1000%
Calcium (from Calcium Carbonate and Calcium Ascorbate)	350 mg	35%
Iodine (from Kelp)	225 mcg	150%
Magnesium (from Magnesium Oxide, Magnesium Citrate and ZMA®)	100 mg	25%
Zinc (from ZinMax® (Zinc Picolinate) and ZMA®)	30 mg	200%
Selenium (from L-Selenomethionine)	200 mcg	290%
Copper (from Copper AAC*)	500 mcg	25%
Manganese (from Manganese AAC*)	3 mg	150%
Chromium (from Chromium Chelavite®)	200 mcg	170%
Molybdenum (from Molybdenum AAC*)	50 mcg	70%
Potassium (from Potassium Chloride)	50 mg	1%

† Daily Value not established.

Other ingredients: Vegetable Polysaccharide (capsule), Magnesium Stearate (vegetable source), Maltodextrin and Silica.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.
AAC* = Amino Acid Chelate Vegetarian/Vegan Product.

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