

PRE-WORKOUT

FOR MAXIMUM RESULTS, CONSUME TWO (2) TO THREE (3) SCOOPS - HALF BEFORE AND THE REST DURING YOUR WORKOUT.

MET-Rx AMPED ECN® NOS MULTI-ACTION WORKOUT FORMULA

MET-Rx AMPED ECN® NOS GIVES YOU MORE ENERGY, MORE FOCUS AND MORE HIGH-INTENSITY PERFORMANCE FOR YOUR MOST JACKED-UP WORKOUTS!* WITH A COMBINATION OF PROPRIETARY FORMULATIONS THAT SUPPORT EXTREME ENERGY AND NUTRIENT CIRCULATION TO THE CELL, MET-Rx AMPED ECN® NOS DRINK MIX DELIVERS INSANE TASTE AND RESULTS.*

AMPED ECN® NOS now contains FIVE Extreme Blends!

MET-Rx AMPED ECN® PUMPED BLEND to support strength, power and recovery.*

MET-Rx AMPED ECN® NOS BLEND to enhance nitric oxide synthesis.*

MET-Rx AMPED ECN® NEURO-ENERGY BLEND designed to rev up your mind and body so you can hit the gym, focus and take care of business.*

MET-Rx AMPED ECN® NITRO BLEND contains Beta-Alanine, plus ALL essential BCAAs.*

MET-Rx AMPED ECN® HERBAL BLEND designed with Horse Chestnut, Ginkgo Biloba and Cinnamon.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Use in conjunction with an intense daily exercise program and a balanced diet, including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you have liver or kidney disease or are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. This product contains caffeine. Avoid additional consumption of caffeine, which may intensify adverse effects. Not intended for use by persons under the age of 18.

NOTICE: Beta-alanine may cause a temporary tingling sensation, which is a normal reaction.

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CarnoSyn®
Carnosine Synthesizer

MET-Rx®
Shaping Every Body.™

Manufactured in the USA by
MET-Rx Nutrition, Inc.
Boca Raton, FL 33487
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Questions? Call toll free
1-800-55-MET-Rx
To learn more, please go to
www.MET-Rx.com

PERFORMANCE*

MET-Rx AMPED ECN® NOS

» **INTENSIFIES STRENGTH, POWER & RECOVERY***

» **ENERGIZES THE MIND & BODY***

» **WITH OVER 2 GRAMS OF BETA-ALANINE
PER 40 GRAM SERVING**

**DMAA
FREE**

FRUIT PUNCH
Natural and Artificial Flavors

DIETARY SUPPLEMENT

NET. WT. 32 OZ. (2LB.) (907g)

Supplement Facts

Serving Size	2 Scoops (40 g)	3 Scoops (60 g)
Servings Per Container	about 22	about 15
Amount Per Serving	%Daily Value	%Daily Value
Calories	70	100
Total Carbohydrate	16 g	5%**
Sugars	1 g	***
Niacin	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,491%
Folic Acid	840 mcg	210%
Vitamin B-12 (as Cyanocobalamin)	280 mcg	4,667%
Phosphorus	244 mg	24%
Magnesium (as Magnesium Phosphate)	204 mg	51%
Sodium	70 mg	3%

MET-Rx Amped ECN® Pumped Blend 5,000 mg (5 g) *** 7,500 mg (7.5 g) ***
Creatine Monohydrate, Creatine Ester Phosphate Sodium, N-Acetyl Cysteine

MET-Rx Amped ECN® NOS Blend 6,124 mg (6.1 g) *** 9,186 mg (9.1 g) ***
L-Arginine, L-Arginine AKG, L-Glutamine, L-Citrulline Malate 1:1, Alpha Ketoglutaric Acid

MET-Rx Amped ECN® Neuro-Energy Blend 3,232 mg (3.2 g) *** 4,848 mg (4.8 g) ***
Taurine, L-Tyrosine, Caffeine (1,3,7-trimethylxanthine) (200 mg per 40 g serving) (from Caffeine Anhydrous), White Willow (*Salix alba*) (bark) (standardized to contain 15% Salicin), Vinpocetine

MET-Rx Amped ECN® Nitro Blend 4,610 mg (4.6 g) *** 6,915 mg (6.9 g) ***
CarnoSyn® Beta-Alanine, L-Leucine, L-Isoleucine, L-Valine

MET-Rx Amped ECN® Herbal Blend 448 mg *** 672 mg ***
Horse Chestnut, Ginkgo Biloba Extract 8:1, Cinnamon (*Cinnamomum cassia*) (bark)

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Maltodextrin, Citric Acid, Red Beet Juice Concentrate (color), Natural and Artificial Flavors.
Contains <2% of: Sodium Phosphate, Sucralose.

Directions: For adults, mix two (2) to three (3) scoops (40 g - 60 g) with 16-20 fl. ounces of water or juice and consume as follows: one half 30-60 minutes before your workout and the balance during the course of your workout. Limit your use to no more than three (3) scoops in a 24-hour period. Begin with half the recommended dosage to assess individual tolerance.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Contents are sold by weight. Some settling may occur.

