

SUGGESTED USAGE: As a dietary supplement, take 3 Vcaps® twice daily, preferably with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Formulated with with dong quai, royal jelly, ipriflavone, chasteberry and other special herbs and nutrients. Protocol For Life Balance™ Ortho Multi™ for Women provides nutritional support not just for general health, but where it counts for women, especially bone and hormonal health.* All other women's multiples are now obsolete with the introduction of our new Ortho Multi™ for Women.

CAUTIONS/INTERACTIONS: Royal Jelly may cause an allergic reaction in some people. For more information on this product go to www.protocolforlife.com/P3798.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

PROTOCOL

FOR LIFE BALANCE™

Ortho Multi™ for Women

• Comprehensive Formula for
Pre-Menopausal Women

• With Ferrochel® Iron

120 Vcaps®

A Dietary Supplement



Supplement Facts

Serving Size 6 Vcaps®
Servings Per Container 20

	Amount Per Serving	%Daily Value
Beta-Carotene (as pro-Vitamin A 6 mg)	10,000 IU	200%
Vitamin C (from Calcium Ascorbate)	300 mg	500%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	200 IU	670%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamine (from Thiamine HCl) (Vit. B-1)	25 mg	1670%
Riboflavin (Vitamin B-2)	25 mg	1470%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl)	50 mg	2500%
Folic Acid	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	200 mcg	3330%
Biotin	300 mcg	100%
Pantothenic Acid (from D-Calcium Pantothenate)	50 mg	500%
Calcium (from Calcium Carbonate, Calcium Ascorbate, Calcium Citrate)	500 mg	50%
Iron (from Ferrochel® Ferrous Bisglycinate)	18 mg	100%
Iodine (from Kelp)	225 mcg	150%
Magnesium (from Magnesium Oxide, Magnesium Citrate, AAC*)	250 mg	60%
Zinc (from Amino Acid Chelate)	20 mg	130%
Selenium (from L-Selenomethionine)	100 mcg	140%
Copper (from Amino Acid Chelate)	1 mg	50%
Manganese (from Amino Acid Chelate)	10 mg	500%
Chromium (from Chelavite® AAC*)	100 mcg	80%
Molybdenum (from Amino Acid Chelate)	50 mcg	70%
Potassium (from Potassium Chloride)	25 mg	< 1%

	Amount Per Serving	%Daily Value
Spirulina Algae (Hawaiian)	250 mg	†
Dong Quai Extract (4:1) (Root)	100 mg	†
Eleuthero (<i>Eleutherococcus senticosus</i>) (4:1 Extract) (Root)	100 mg	†
Betaine HCl	100 mg	†
Multi-Enzyme Blend	100 mg	†
Wild Yam Root Extract (8% Diosgenin)	50 mg	†
Royal Jelly (Freeze-Dried) (6% HDA)	50 mg	†
Silica (from Silicon Dioxide)	50 mg	†
Soy Isoflavones (min. 40%) (Genestein, Daidzein and Glycitein)	30 mg	†
Choline (from Choline Bitartrate)	25 mg	†
Inositol	25 mg	†
PABA	25 mg	†
Ipriflavone	25 mg	†
Boron (from Amino Acid Chelate)	1 mg	†
Chasteberry (Vitex Extract)	50 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Manufactured by NHG, P.O. Box 2203
Sparks, NV 89431, Made in the U.S.A.

Contains no salt, milk, egg, shellfish or preservatives.

Ferrochel® and Chelavite® are registered trademarks of Albion Labs. AAC* = Amino Acid Chelate

Vcaps® is a registered trademark of Capsugel.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

KEEP BOTTLE TIGHTLY SEALED.

Natural color variations may occur in this product.



CODE
P3798

V3