

ACTUAL SIZE



CODE 3803

V2

Caution: If you are pregnant, may become pregnant, or are breast-feeding, please consult your healthcare practitioner before using this product.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

SUGGESTED USAGE: As a dietary supplement, take 3 softgels daily with food. These multi-vitamin softgels are easier to swallow, and are formulated for better GI tolerability.



EVE™

SUPERIOR WOMEN'S MULTI

Softgels

- With Evening Primrose, Cranberry, Green Tea, Horsetail Silica & CoQ10
- Gentler and Easier to Swallow & Absorb

180 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Beta-Carotene (as pro-Vitamin A 3 mg) (Betatene®)	5,000 IU	100%
Vitamin C (from Calcium Ascorbate)	200 mg	333%
Vitamin D-3 (as Cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha Tocopherol)	150 IU	500%
Vitamin K (as Menaquinone and Phytanadione)	80 mcg	100%
Thiamine (Vit. B-1) (from Thiamine HCl)	25 mg	1667%
Riboflavin (Vitamin B-2)	25 mg	1471%
Niacin (Vitamin B-3) (from Niacinamide and Inositol Hexanicotinate)	25 mg	125%
Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P))	25 mg	1250%
Folate (as Folic Acid)	800 mcg	200%
Vitamin B-12 (as Methylcobalamin)	120 mcg	2000%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from D-Calcium Pantothenate)	50 mg	500%
Calcium (from Aquamin® F Red Algae Sea Minerals, Cal. Ascorbate and D-Calcium Pantothenate)	115 mg	12%
Iron (from Ferrochel® Iron Bisglycinate) (Amino Acid Chelate) (TRAACS®) (Albion®)	6 mg	33%
Iodine (from Potassium Iodide)	225 mcg	150%
Magnesium (from Magnesium Citrate and Aquamin® F Red Algae Sea Minerals)	100 mg	25%
Zinc (from Zinc Glycinate) (Amino Acid Chelate) (TRAACS®) (Albion®)	15 mg	100%
Selenium (from Selenium Amino Acid Complex) (TRAACS®) (Albion®)	200 mcg	286%

Copper (from Copper Glycinate) (Amino Acid Chelate) (TRAACS®) (Albion®)	1 mg	50%
Manganese (from Manganese Glycinate) (Amino Acid Chelate) (TRAACS®) (Albion®)	2 mg	100%
Chromium (from Chromium Chelavite®) (Amino Acid Chelate) (TRAACS®) (Albion®)	120 mcg	100%
Molybdenum (from Molybdenum Glycinate) (Amino Acid Chelate) (TRAACS®) (Albion®)	75 mcg	100%
Potassium (from Potassium Chloride)	25 mg	< 1%
Evening Primrose Oil (Oenothera biennis) (Seed)	500 mg	†
Cranberry Concentrate (20:1) (Vaccinium macrocarpon) (Fruit)	100 mg	†
Horsetail Extract (Equisetum arvense) (Aerial Parts) (min. 8% Silica)	50 mg	†
Alpha Lipoic Acid	25 mg	†
Choline (from Choline Bitartrate)	25 mg	†
Grape Seed Extract (Vitis vinifera)	25 mg	†
Green Tea Extract (Camellia sinensis) (Leaf) (min. 95% Polyphenols) (< 1 mg of natural caffeine)	25 mg	†
Inositol	25 mg	†
CoQ10 (as Ubiquinone)	10 mg	†
Lycopene (LYC-O-MATO®) (from Natural Tomato Extract)	500 mcg	†
Lutein (FloraGLO®) (from Marigold Flowers)	500 mcg	†

† Daily Value not established.

Other ingredients: Flax Seed Oil and Softgel Capsule (gelatin, glycerin, water, carob).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains soy derivative. Contains no sugar, salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Store in a cool, dry place. Please Recycle.

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