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SUGGESTED USAGE: As a dietary supplement (especially for men), take 2 softgels daily with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Protocol For Life Balance® Ortho Prostate™ provides a synergistic formulation of standardized extracts of herbs and nutrients proven to promote normal prostate function, urine flow and healthy cell replication.* Extracts of Saw Palmetto, Pygeum and Stinging Nettle Root have been shown to regulate dihydrotestosterone (DHT) levels in prostate cells, influence the activity of the androgen receptor (AR) and protect against excess estrogen production (from aromatase enzymes).* Lycopene supports gene function and proper prostate cell replication.*

CAUTIONS/INTERACTIONS: Studies on saw palmetto, pygeum, stinging nettle extract and various combinations of these have reported good tolerance and side effects similar to placebo. The most likely side effects are gastrointestinal. May interact with anticoagulants, such as warfarin, to increase bleeding time, but reports are inconsistent on this point. Some internet sites claim an interaction, although a major review found no drug interactions. For more information on this product go to www.protocolforlife.com/P3340

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This bottle contains an AGELESS® oxygen absorbing packet to ensure freshness. Do not eat Packet. Store in a cool, dry place after opening. Please Recycle.

PROTOCOL
FOR LIFE BALANCE®

Ortho Prostate™

Standardized Saw Palmetto,
Stinging Nettle, Lycopene & Pygeum

90 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 2 Softgels Servings Per Container 45

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin B-6 (from Pyridoxine HCl)	10 mg	500%
Zinc (from Zinc Gluconate)	20 mg	133%
Saw Palmetto Extract (Berry) (<i>Serenoa repens</i>)	160 mg	†
(min. 85% Fatty Acids)		
Pygeum Extract (Bark) (<i>Pygeum africanum</i>)	10 mg	†
(min. 13% Phytosterols)		
Stinging Nettle Root Extract (<i>Urtica dioica</i>)	250 mg	†
(30 ppm scopoletin)		
Pumpkin Seed Oil	950 mg	†
Lycopene (LYC-O-MATO®, Natural Tomato Extract)	3 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob, natural caramel color) and Beeswax.

Manufactured by Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.