

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 2 to 3 times daily, preferably with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Curcumin is the major component of Turmeric (*Curcuma longa*). Extensive scientific research on Curcumin has demonstrated that it has potent antioxidant properties, as well as an ability to support a healthy inflammatory response.* Through these and other mechanisms, Curcumin supports colon health, promotes joint comfort, exerts neuroprotective activity, and helps maintain a healthy cardiovascular system.*

CAUTIONS/INTERACTIONS: Limited animal studies suggest that turmeric extracts can be toxic to the liver in high doses or over prolonged time periods. Turmeric should be avoided by individuals with liver disease and those who take medications that are hard on the liver. Because curcumin may stimulate the gallbladder, individuals with gallbladder disease should use curcumin only on the advice of a physician. Turmeric may affect the body's reaction to NSAIDs, including indomethacin and ibuprofen, as well as to reserpine, a blood pressure medication. For more information on this product go to www.protocolforlife.com/P4638

Warning: If you are pregnant/lactating or have any history of liver, gall bladder or gastrointestinal problems, please consult a health practitioner prior to use. Keep out of reach of children.

PROTOCOL
FOR LIFE BALANCE®

Curcumin

Turmeric Root Extract

665 mg

- **Helps Maintain Cardiovascular Health***
- **Maintains Healthy Joints***

60 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Turmeric Root Extract (<i>Curcuma longa</i>)	665 mg*
[Standardized to provide min. 95% Curcuminoids (630 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)]	

* Daily Value not established.

Other ingredients: Cellulose (capsule), Dicalcium Phosphate, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Manufactured by Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This bottle contains an AGELESS® Oxygen Absorber to ensure freshness. Do not eat Packet.

Store in a cool, dry place after opening. Please Recycle.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



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