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CODE
P3258

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SUGGESTED USAGE: Take one lozenge prior to bed time or as directed by your health-care practitioner.

HOW IT WORKS: Melatonin is a hormone that is produced by the pineal gland, the organ that regulates the body's sleep/wake cycles.* Shift work, stress, and travel across time zones can upset this cycle, resulting in temporary sleeplessness. Supplemental Melatonin has been shown to support healthy sleep patterns.*

CAUTIONS/INTERACTIONS: Pregnant/lactating women and women trying to conceive should take this product only under the supervision of a physician. Melatonin can interact with a number of pharmaceutical medications. If you are currently taking any pharmaceutical medications, consult your physician before using this product. Melatonin may interact with some nutritional and herbal supplements, such as St. John's Wort and 5-HTP. For more information on this product go to www.protocolforlife.com/P3258.

PROTOCOL
FOR LIFE BALANCE™

Melatonin 3 mg

- Chewable
- With 3 mg Vitamin B₆
- Fast Absorption*

120 Lozenges



A Dietary Supplement Vegetarian Formula

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B ₆ (Pyridoxine HCl)	3 mg	150%
Melatonin	3 mg	†

† Daily Value not established.

Other ingredients: Fructose, Cellulose, Stearic Acid (vegetable source), Mannitol, Natural Peppermint Flavor, Sorbitol and Magnesium Stearate (vegetable source).

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.
Contains no salt, wheat, gluten, soy, milk, egg or preservatives.
Vegetarian/Vegan Formula.

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat Packet. Please Recycle.
Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

*These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease.