

SUGGESTED USAGE: As a dietary supplement, take 2 tablets daily, or as directed by your healthcare practitioner. Take with 8 oz. of water or other beverage.

HOW IT WORKS: Glucosamine is a naturally occurring structural compound that is normally found in healthy cartilage, bone, and synovial fluid. Glucosamine is an amino sugar that is a building block for larger molecules known as glycosaminoglycans (GAGs). GAGs are essential components of connective tissues that function to lubricate joints, absorb shock, and allow these tissues to resist pressure. Chondroitin is one of the major GAGs found in joint tissue that is important in maintaining structural integrity. The body's production of GAGs however, decreases with age. Clinical studies indicate that Glucosamine can help to maintain healthy and flexible joints, thereby supporting joint comfort.* Chondroitin, which has also been found to support joint health, lends an additional layer of structural support.*

CAUTIONS/INTERACTIONS: Glucosamine may interact with warfarin and some chemotherapy agents. If you are taking any of these medications, if you have allergies to shellfish, or if you have prostate cancer, consult your medical practitioner before using this product. For more information on this product go to www.protocolforlife.com/P3243

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.

CODE
P3243

V3



PROTOCOL
FOR LIFE BALANCE®

Glucosamine & Chondroitin

Supports Joint Comfort and Flexibility*

120 Tablets

A Dietary Supplement



Supplement Facts

Serving Size 2 Tablets Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%*
Sodium	110 mg	5%
Glucosamine Sulfate (from Glucosamine Potassium Sulfate Complex)	1.5 g (1,500 mg)	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	1.2 g (1,200 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

Contains shellfish (crab, shrimp, lobster, crayfish).

Manufactured by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Warning: Persons with a known allergy to shellfish should not use this product.