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**SUGGESTED USAGE:** As a dietary supplement, chew one lozenge daily with food. For intensive use, chew 2 to 6 lozenges daily under the supervision of your healthcare practitioner.

**HOW IT WORKS:** Coenzyme Q<sub>10</sub>, also called ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.\* The body's highest concentrations of Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) are found in the heart, where constant chemical energy availability is imperative. In addition to its benefits for cardiac function through energy production, CoQ<sub>10</sub> also functions as a powerful fat soluble antioxidant, providing protection against free radical attack for vascular structures, as well as for other tissues.\*

**CAUTIONS/INTERACTIONS:** CoQ<sub>10</sub> may reduce the anticoagulant effect of warfarin. In addition, CoQ<sub>10</sub> may interact with certain blood pressure medication, including diltiazem, metoprolol, enalapril, and nitrate. Statin medications have been shown to decrease CoQ<sub>10</sub> levels in the body and CoQ<sub>10</sub> supplementation may be beneficial when taking these drugs.\* For more information on this product go to [www.protocolforlife.com/P3196](http://www.protocolforlife.com/P3196)

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners. Manufactured in an A-rated Good Manufacturing (GMP) Certified facility.

**PROTOCOL**  
FOR LIFE BALANCE™

# Chewable CoQ<sub>10</sub> 200 mg

- Supports Healthy Heart Muscle\*
- With Vitamin E & Lecithin

**60 Lozenges**

A Dietary Supplement Vegetarian Formula



## Supplement Facts

Serving Size 1 Lozenge

|                                               | Amount Per Serving | % Daily Value |
|-----------------------------------------------|--------------------|---------------|
| Calories                                      | 10                 |               |
| Total Carbohydrate                            | 2 g                | 1%*           |
| Sugars                                        | 1 g                | †             |
| Vitamin E (as d-alpha Tocopheryl Succinate)   | 100 IU             | 333%          |
| Coenzyme Q <sub>10</sub> (CoQ <sub>10</sub> ) | 200 mg             | †             |
| Non-GMO Soy Lecithin                          | 50 mg              | †             |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients: Fructose, Cellulose, Sorbitol, Stearic Acid (vegetable source), Silica, Magnesium Stearate (vegetable source), Citric Acid and Natural Orange Flavor.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

**Vegetarian/Vegan Product**

Protocol For Life Balance™ CoQ<sub>10</sub> is a Pharmaceutical Grade 100% natural, all-trans form produced by fermentation.

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat Packet.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.