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CODE
P3186

V4

SUGGESTED USAGE: Shake well. As a dietary supplement, take 1/2 to 1 teaspoon daily with food. For intensive use, take 2 to 6 teaspoons daily under the supervision of a healthcare professional.

REFRIGERATE AFTER OPENING.

HOW IT WORKS: Coenzyme Q₁₀ (CoQ₁₀), also called ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.* The body's highest concentrations of CoQ₁₀ are found in the heart, where constant chemical energy availability is imperative. In addition to its benefits for cardiac function through energy production, CoQ₁₀ also functions as a powerful fat soluble antioxidant, providing protection against free radical attack for vascular structures, as well as for other tissues.*

CAUTIONS/INTERACTIONS: CoQ₁₀ may reduce the anticoagulant effect of warfarin. In addition, CoQ₁₀ may affect certain blood pressure medications, including diltiazem, metoprolol, enalapril, and nitrate. Statin medications have been shown to decrease CoQ₁₀ levels in the body and CoQ₁₀ supplementation may be beneficial when taking these drugs.* For more information on this product go to www.protocolforlife.com/P3186.

PROTOCOL
FOR LIFE BALANCE™

Liquid CoQ₁₀

100 mg per Teaspoon

- Supports Healthy Heart Muscle*
- Promotes Cellular Energy*
- With Co-enzyme B vitamins

Net 4 fl. oz. (118 mL)

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Teaspoon (5 mL) Servings Per Container 23

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	15	
Total Fat	2 g	3%*
Trans Fat	0 g	†
Total Carbohydrate	1 g	<1%*
Vitamin E (from Mixed Tocopherols)	30 IU	100%
Vitamin B-3 (from NAD Trihydrate)**	0.7 mg	4%
Vitamin B-6 (from P-5-P Monohydrate)**	7 mg	350%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Vitamin B-5 (as Pantethine)**	5 mg	50%
Coenzyme Q₁₀ (CoQ₁₀)	100 mg	†
Stevia Extract (Leaf) (<i>Stevia rebaudiana</i>) (min 80% Rebaudioside-A)	20 mg	†
D-Ribose	10 mg	†
NAD (Nicotinamide Adenine Dinucleotide) Trihydrate	5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: De-ionized Water, Rice Bran Oil, Vegetable Glycerine, Soy Lecithin, Xylitol, Natural Vanilla Flavor, Natural Orange Flavors, Brown Rice Protein, Rosemary Extract (*Rosmarinus officinalis*) (Leaf), Citric Acid, Potassium Sorbate (as preservative) and Guar Gum.

Manufactured by NHG, P.O. Box 2203
Sparks, NV 89431, U.S.A.

Vegetarian/Vegan Product.

**Co-enzyme Form

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.