SUGGESTED USAGE: As a dietary supplement, take 1 softgel daily with a meal. For intensive use, take up to 3 softgels daily under the supervision of your healthcare practitioner.

HOW IT WORKS: Coenzyme Q_{10} (CoQ_{10}), also called ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.* The body's highest concentrations of CoQ_{10} are found in the heart, where constant chemical energy availability is imperative. In addition to its benefits for cardiac function through energy production, CoQ_{10} also functions as a powerful fat soluble antioxidant, providing protection against free radical attack for vascular structures, as well as for other tissues.*

CAUTIONS/INTERACTIONS: CoQ_{10} may reduce the anticoagulant effect of warfarin. In addition, CoQ_{10} may interact with certain blood pressure medication, including diltiazem, metoprolol, enalapril, and nitrate. Statin medications have been shown to decrease CoQ_{10} levels in the body and CoQ_{10} supplementation may be useful when taking these drugs. For more information on this product go to www.protocolforlife.com/P3182.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners. Manufactured in an A-rated Good Manufacturing (GMP) Certified facility.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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CODE P3182

V3

PROTOCOL

FOR LIFE BALANCE™

Maximum Strength

CoQ10

600 mg

- Supports Healthy Heart Muscle*
- With Lecithin & Vitamin E

60 Softgels

A Dietary Supplement

GMP

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Trans Fat	0 g	†
Total Carbohydrate	< 1 g	< 1%*
Vitamin E (as d-alpha Tocopherol)	30 IU	100%
Zinc (from Zinc Oxide)	4 mg	27%
Coenzyme Q_{10} (CoQ_{10})	**600 mg**	†
Soy Lecithin	50 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water, annatto extract, zinc oxide) and Beeswax. PEG-Free.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives.

Protocol For Life Balance™ CoQ_{10} is a Pharmaceutical Grade 100% natural, all-trans form produced by fermentation.

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat Packet. Store in a cool, dry place. Please Recycle.