Free from artificial colors and preservatives. DIRECTIONS: As a dietary supplement, take two tablets with 8 oz. of water in the morning and, for maximum results, two tablets at midafternoon. Individuals weighing under 150 lbs. may wish to begin use with one-half the recommended serving for the first week (one tablet once or twice a day). For best results, use as part of a reduced fat diet and exercise program.

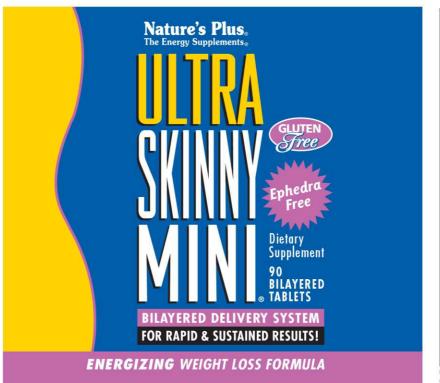
WARNINGS: Do not take in the evening. Do not exceed 2 servings per day. Not intended for persons under 18 years of age. Do not use if you are pregnant or nursing or allergic to tyramine or chocolate. The recommended serving of this product (2 tablets) contains about as much caffeine as a cup of coffee (100 mg) and should not be taken by individuals wishing to eliminate caffeine from their diet. Limit use of caffeine-containing medications, foods and beverages while taking this product, because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc.
makers of Nature's Plus, 9500 New Horizons Blvd., Amityville, New York 11701, USA @NATURAL ORGANICS® www.naturesplus.com





Supplement Facts

Serving Size 2 Bilavered Tablets Servings Per Container 45

	Per 2 Tablet Serving		Per 4 Tablets Daily		
· -	Amount	%DV	Amount	%DV	
Vitamin B6 (as pyridoxine HCI)	25 mg	1250%	50 mg	2500%	
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%	1000 mcg	16,667%	
Pantothenic Acid	50 mg	500%	100 mg	1000%	
Chromium (as polynicotinate*, chloride)	120 mcg	100%	240 mcg	200%	
Proprietary Skinny Mini Herbal Blend Guarana Seed‡, Spirulina, Cacao Fruit (<i>Theobroma cacao</i>) (Metabrominena)‡, Green Tea (<i>Camellia sinensis</i> lea	750 af)‡	mg†	150	0 mg†	
Rhodiola (<i>Rhodiola rosea</i> root) (with standardized rosavin, salidroside, polyphenols, beta-vicianosides, rosin and rosarin)	350	350 mg†		700 mg†	
Ergogen-XT [proprietary complex of Hesperidin, Potassium Glycerophosphate, Pyridoxal Alphaketoglutarate, Trimethylgly- cine, Inosine (HXR [hypoxanthine riboside]), CoQ10 (ubiquinone)]	200	200 mg†		400 mg†	
CITRIMAX» (<i>Garcinia cambogia</i> fruit extract) Standardized 50% [-]hydroxycitrate		200 mg† 100 mg		400 mg† 200 mg	
Element-XT (trace element-rich whole food complex: Spirulina, Chlorella, Alfalfa Leaf Extract, Barley Grass, Prehistoric Plant Concent		150 mg† ate)		300 mg†	
ForsLean® (Coleus forskohlii extract) (with standardized forskolin)	150	150 mg†		300 mg†	
Thyrogen (proprietary complex of Kelp, Bladderwrack [<i>Fucus vesiculos</i> : Dulse [<i>Rhodymenia palmata</i>] and Guggul [<i>Commiphora mukul</i> gum re				200 mg†	
AMP-XT (Cyclic Adenosine Monophosphate, Vinpocetine, Yerba Mate Maca [Lepidium meyenii root])		100 mg†		200 mg†	
Conjugated Linoleic Acid (CLA)** (standardized 1:1 c9-t11:t10-c12)	100	100 mg†		200 mg†	
L-Tyrosine (free-form amino acid)	50 ו	50 mg†		100 mg†	
L-Phenylalanine (free-form amino acid)	50 1	50 mg† 10		mg†	
BioSorb (proprietary complex of Bioperine» [Piper nigrum fruit] [standized 1-piperoylpiperidine], Ginger Root [Zingiber officinale], Licorice F [Glycyrrhiza glabra], Mustard Seed [Brassica nigra], Long Pepper [Pij	Root	ng†	20	mg†	

Other ingredients: Di-calcium phosphate, microcrystalline cellulose, hydroxypropyl methylcellulose, stearic acid, magnesium stearate, silica and pharmaceutical glaze. Contains soy and milk,