

PROTOCOL

FOR LIFE BALANCE™

ProtoMeal™

Comprehensive Nutritional Supplement

- With Microfiltered Whey Protein Isolate
- Gluten-Free
- Mixes Easily - Great Tasting!

NATURAL CHOCOLATE FLAVOR

Net Wt. 1 kg (2.2 lbs.)

A Dietary Supplement



Supplement Facts

Serving Size 2 Level Scoops (50 g) Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	200	
Calories from Fat	45	
Total Fat	5 g	8%*
Saturated Fat	4 g	20%*
Trans Fat	0 g	†
Cholesterol	< 5 mg	1%
Total Carbohydrate	18 g	6%*
Dietary Fiber	3 g	12%*
Sugars	5 g	†
Sugar Alcohol	3 g	†
Protein	20 g	40%*
Beta-Carotene (as pro-Vitamin A 1.2 mg)	2,000 IU	40%
Vitamin A (from Retinyl Palmitate)	1,000 IU	20%
Vitamin C (from Calcium Ascorbate)	120 mg	200%
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	400 IU	100%
Vitamin E (from d-alpha Tocopheryl Succinate)	30 IU	100%
Thiamine (Vitamin B ₁) (from Cocarboxylase)***	1.5 mg	100%
Riboflavin (from Riboflavin-5-Phosphate Sodium)***	1.7 mg	100%
Niacin (Vitamin B ₃) (Flush-Free) (from Inositol Hexanicotinate)	20 mg	100%
Vitamin B ₆ (from P-5-P Monohydrate) (Pyridoxal-5-Phosphate)***	3.4 mg	170%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B ₁₂ (as Methylcobalamin)***	60 mcg	1000%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (from d-Calcium Pantothenate)	10 mg	100%
Calcium (from Aquamin® TG Red Algae Sea Minerals, Calcium Ascorbate and d-Calcium Pantothenate)	70 mg	7%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Citrate and Aquamin® TG Red Algae Sea Minerals)	50 mg	13%
Zinc (from Zinc Glycinate Chelate) (TRAACS®) (Albion®)	7.5 mg	50%
Selenium (from Selenium Amino Acid Complex) (TRAACS®) (Albion®)	70 mcg	100%
Copper (from Copper Glycinate Chelate) (TRAACS®) (Albion®)	1 mg	50%
Manganese (from Manganese Glycinate Chelate) (TRAACS®) (Albion®)	1 mg	50%
Chromium (from Chromium Chelavite®) (Amino Acid Chelate) (TRAACS®) (Albion®)	120 mcg	100%
Molybdenum (from Molybdenum Glycinate Chelate) (TRAACS®) (Albion®)	37.5 mcg	50%
Sodium (naturally occurring)	250 mg	10%
Potassium (from Potassium Chloride and naturally occurring)	500 mg	14%
Organic Inulin (FOS) (from Jerusalem Artichoke)	4.2 g (4,200 mg)	†
MCT Oil (Medium Chain Triglycerides)	3.0 g (3,000 mg)	†
Coenzyme Q ₁₀ (CoQ ₁₀)	30 mg	†
Choline Bitartrate	25 mg	†
Inositol	25 mg	†

	Amount Per Serving	% Daily Value
BioCore® Edge™	22,500 HUT	†
Probiotic enzyme blend of:		
Protease (from <i>Aspergillus niger</i>)		
Protease (from <i>Aspergillus oryzae</i>)		
Protease (from <i>Aspergillus niger</i>)		
Peptidase (from <i>Aspergillus oryzae</i>)		
Blend of 2 Probiotic Strains (Freeze-Dried) (Daily-Free)		
<i>Lactobacillus acidophilus</i> 1 Billion**		†
<i>Bifidobacterium bifidum</i> 1 Billion**		†

Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Microfiltered Whey Protein Isolate (milk), Cocoa Powder, Erythritol, Sweet Whey Powder (milk), Organic Brown Rice Syrup, Natural Milk Chocolate Flavor (milk), Natural Vanilla Flavor, Xanthan Gum, Sea Salt and Organic Stevia Extract (*Stevia rebaudiana*) (Leaf).

Manufactured by NHG
P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

ProtoMeal™ is free of yeast, wheat, gluten, soy protein, egg, nuts, shellfish, preservatives, and artificial colors, flavors or sweeteners.

**At the time of manufacture
***Co-enzyme Forms

Aquamin® is a registered trademark of Marigot Limited.

Albion® and TRAACS® (The Real Amino Acid Chelate System) are registered trademarks of Albion Laboratories, Inc. This product is covered by U.S. Patent No. 5,516,925 and patents pending.

Chromium Chelavite® is a registered trademark of Albion Laboratories, Inc.
BioCore® Edge™ is a registered trademark of National Enzyme Company.

This product is sold by weight not volume.

Store in a cool, dry place. Please Recycle.



CODE P5963 V1

SUGGESTED USAGE: As a dietary supplement, mix 2 level scoops (50 g) into 10-12 oz. of water, juice, or other liquid, or as directed by your healthcare practitioner. This product is intended for use as a nutritional supplement.

HOW IT WORKS: ProtoMeal™ Chocolate is a whey-based multipurpose nutritional supplement designed to support overall health and well-being.* ProtoMeal™ Chocolate features high-quality whey protein isolate, which provides all of the essential amino acids, is easily digested, supports healthy glutathione levels, and promotes satiety.* This formula also contains co-enzyme B vitamins and chelated minerals, MCT's as a desirable lipid source, plant-based digestive enzymes, and live probiotic bacteria. Sweetened with GI-friendly erythritol and organic stevia, its naturally low sugar content makes ProtoMeal™ ideal as a nutritional supplement or as a mid-day pick-me-up.*

ProtoMeal™ can be used daily and is perfect for continued nutritional support following the ProtoClear™ Detox Support Program.

ProtoMeal™ Chocolate's ingredient profile also includes:

- Aquamin® food-based mineral source supplying Calcium, Magnesium, and 74 other trace minerals
- Chromium Chelavite®, a highly bioavailable form of chromium to support healthy blood sugar levels*
- Inulin prebiotic, Probiotic bacteria, and plant-based Digestive Enzymes to support digestive health*

CAUTIONS/INTERACTIONS: If you have sensitivity to dairy or any other ingredients, please check with your healthcare practitioner.

For more information on this product go to:
www.protocolforlife.com/P5963

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners. Manufactured in an A-rated Good Manufacturing (GMP) Certified facility.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.