Suggested Use: Take two (2) vegetable capsules twice daily (morning and evening) with water between meals or as recommended by your healthcare professional.

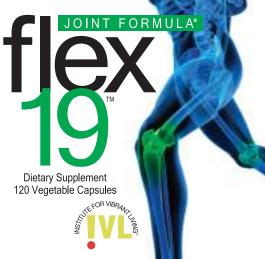
Flex-19™ is a natural blend of the most comprehensive joint solution available.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Before you take any supplement, please consult your physician or other licensed healthcare professional to determine if it's appropriate for you.

KEEP OUT OF REACH OF CHILDREN

Pregnant or lactating women should consult a healthcare professional prior to use.



SUPPLEMENT FACTS

Serving size: 2 capsules Servings per container: 60

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Ingredients	Amount Per Serving %DV
Glucosamine Sulfate	500mg †
MSM	500mg †
Bromelain (2,400 gdu/g)	250mg †
Cetyl Myristoleate (20%)	25mg †
Papain (2,000 usp/g)	25mg †
Proprietary Herbal Blend	455mg †
(Devil's Claw Root Extract, White Willow Bark Extract,	
Chondroitin (Sea Cucumber), Grape Seed Extract, Green Lipped Mussel, Curcumin Extract, Ginger Root Extract, Polygonum Cuspidatum Root Extract, Boswellia Serrata Resin Extract, Yucca Root Extract, Feverfew Flower Extract, Birch	

Daily Value not established.

Other ingredients: Vegetable Cellulose, Water. Allergen Warning: Contains shellfish.

Extract, Goldenrod Extract, Celery Seed Extract)

Formulated for: **INSTITUTE FOR VIBRANT LIVING** P.O. Box 3840, Camp Verde, AZ 86322

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