

SUGGESTED USAGE: As a dietary supplement, mix 2 level scoops (50 g) into 10-12 oz. of water, juice, or other liquid, or as directed by your healthcare practitioner. This product is intended for use as a nutritional supplement.

HOW IT WORKS: ProtoMeal™ Berry is a dairy-free multipurpose nutritional supplement designed to support overall health and well-being.* ProtoMeal™ Berry features high quality, Non-GMO pea protein, which provides all of the essential amino acids, is easily digested, exhibits antioxidant properties, and promotes satiety.* This formula also contains co-enzyme B vitamins and chelated minerals, MCT's and Omega-3 fatty acids as desirable lipid sources, plant-based digestive enzymes, and live probiotic bacteria. Sweetened with GI-friendly erythritol and organic stevia, its naturally low sugar content makes ProtoMeal™ ideal as a nutritional supplement or as a mid-day pick-me-up.*

ProtoMeal™ can be used daily and is perfect for continued nutritional support following the ProtoClear™ Detox Support Program.

ProtoMeal™ Berry's ingredient profile also includes:

- Aquamin® food-based mineral source supplying Calcium, Magnesium, and 74 other trace minerals
- Chromium Chelavite®, a highly bioavailable form of chromium to support healthy blood sugar levels*
- Organic Golden Flax Seed Meal, providing plant-based Omega-3 fatty acids, fiber and lignans
- Inulin prebiotic, Probiotic bacteria, and plant-based Digestive Enzymes to support digestive health*

CAUTIONS/INTERACTIONS: If you have sensitivity to any ingredients, please check with your healthcare practitioner.

For more information on this product go to:
www.protocolforlife.com/P5964

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners. Manufactured in an A-rated Good Manufacturing (GMP) Certified facility.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL

FOR LIFE BALANCE™

ProtoMeal™

Comprehensive Nutritional Supplement

- Dairy-Free, Gluten-Free
- Plant Protein Blend
- Free of Common Allergens
- Mixes Easily - Great Tasting!

NATURAL BERRY FLAVOR

Net Wt. 1 kg (2.2 lbs.)

A Dietary Supplement



Supplement Facts

Serving Size 2 Level Scoops (50 g) Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	200	
Calories from Fat	50	
Total Fat	6 g	9%*
Saturated Fat	2.5 g	13%*
Trans Fat	0 g	†
Cholesterol	0 mg	0%
Total Carbohydrate	19 g	6%*
Dietary Fiber	2 g	8%*
Sugars	5 g	†
Sugar Alcohol	5 g	†
Protein	20 g	40%*
Beta-Carotene (as pro-Vitamin A 1.2 mg)	2,000 IU	40%
Vitamin A (from Retinyl Palmitate)	1,000 IU	20%
Vitamin C (from Calcium Ascorbate)	120 mg	200%
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	400 IU	100%
Vitamin E (from d-alpha Tocopheryl Succinate)	30 IU	100%
Thiamine (Vitamin B ₁) (from Cocarboxylase)***	1.5 mg	100%
Riboflavin (from Riboflavin-5-Phosphate Sodium)***	1.7 mg	100%
Niacin (Vitamin B ₃) (Flush-Free) (from Inositol Hexanicotinate)	20 mg	100%
Vitamin B ₆ (from P-5-P Monohydrate) (Pyridoxal-5-Phosphate)***	3.4 mg	170%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B ₁₂ (as Methylcobalamin)***	60 mcg	1000%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (from d-Calcium Pantothenate)	10 mg	100%
Calcium (from Aquamin® TG Red Algae Sea Minerals, Calcium Ascorbate and d-Calcium Pantothenate)	180 mg	18%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Citrate and Aquamin® TG Red Algae Sea Minerals)	88 mg	22%
Zinc (from Zinc Glycinate Chelate) (TRAACS®) (Albion®)	7.5 mg	50%
Selenium (from Selenium Amino Acid Complex) (TRAACS®) (Albion®)	70 mcg	100%
Copper (from Copper Glycinate Chelate) (TRAACS®) (Albion®)	1 mg	50%
Manganese (from Manganese Glycinate Chelate) (TRAACS®) (Albion®)	1 mg	50%
Chromium (from Chromium Chelavite®) (Amino Acid Chelate) (TRAACS®) (Albion®)	120 mcg	100%
Molybdenum (from Molybdenum Glycinate Chelate) (TRAACS®) (Albion®)	37.5 mcg	50%
Sodium (naturally occurring)	390 mg	16%
Potassium (from Potassium Chloride and naturally occurring)	500 mg	14%
Organic Inulin (FOS) (from Jerusalem Artichoke)	5.0 g (5,000 mg)	†
Organic Golden Flax Seed Meal	3.0 g (3,000 mg)	†
MCT Oil (Medium Chain Triglycerides)	2.0 g (2,000 mg)	†
L-Methionine (Free-Form)	200 mg	†
Coenzyme Q ₁₀ (CoQ ₁₀)	30 mg	†
Choline Bitartrate	25 mg	†
Inositol	25 mg	†

	Amount Per Serving	% Daily Value
Alpha-Galactosidase (from <i>Aspergillus niger</i>)	300 GalU	†
BioCore® Edge™ Proteolytic enzyme blend of: Protease (from <i>Aspergillus melleus</i>) Protease (from <i>Aspergillus oryzae</i>) Peptidase (from <i>Aspergillus niger</i>)	22,500 HUT	†
Blend of 2 Probiotic Strains (Freeze-Dried) (Dairy-Free) <i>Lactobacillus acidophilus</i> 1 Billion** <i>Bifidobacterium bifidum</i> 1 Billion**		†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Vegetarian Protein Blend (Non-GMO Pea Protein Isolate and Rice Protein Concentrate (from Non-GMO Brown Rice)), Organic Brown Rice Syrup, Erythritol, Natural Berry and other Natural Flavors, Malic Acid, Xanthan Gum, Natural Beet Powder (for color) and Organic Stevia Extract (*Stevia rebaudiana*) (Leaf).

Manufactured by NHG
P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

ProtoMeal™ is free of yeast, wheat, gluten, soy protein, milk, egg, nuts, shellfish, preservatives, and artificial colors, flavors or sweeteners.

**At the time of manufacture

***Co-enzyme Forms

Aquamin® is a registered trademark of Marigot Limited.

Albion® and TRAACS® (The Real Amino Acid Chelate System) are registered trademarks of Albion Laboratories, Inc. This product is covered by U.S. Patent No. 5,516,925 and patents pending.

Chromium Chelavite® is a registered trademark of Albion Laboratories, Inc.

BioCore® Edge™ is a registered trademark of National Enzyme Company.

This product is sold by weight not volume.

Store in a cool, dry place. Please Recycle.



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