

Manufactured for **INSTITUTE FOR VIBRANT LIVING**
P.O. Box 3840, Camp Verde AZ 86322
1-800-218-1379 • www.IVLProducts.com

Suggested Use: Take 1 softgel, up to three times daily with meals.

Note: If you are pregnant, nursing, have any health condition or are taking any medications, consult your health care practitioner before using this product.

Keep out of reach of children.
Store in a cool, dry place.

Manufactured in an NSF GMP certified facility.

Made in the **USA** 



COLD PRESSED • NATURAL
Flax Seed Oil
Omega 3-6-9 Supplement

1000 mg
120 Softgels
Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	% Daily Value	
Total Calories	10	
Calories from fat	10	
Total Fat	1g	1.5*
Polyunsaturated Fat	0.5g	**
Organic Flax Seed Oil	1000mg	**
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450mg	**
Linolenic Acid (Omega-6)	110mg	**
Oleic Acid (Omega-9)	110mg	**
Other Fatty Acids	50mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other ingredients: Gelatin, glycerin, caramel color, purified water.