TABLET SIZE

CODE 3792

WITH GREEN SUPERFOODS

Iron-Free

120 Tablets

A Dietary Supplement Vegetarian/Vegan



Supplement Facts Senting Size 1 Tablet

A	mount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	12,500 IU	250%
Vitamin C (from Calcium Ascorbate)	250 mg	415%
Vitamin D (as Ergocalciferol)	100 IU	25%
Vitamin E (from d-alpha Tocopheryl Succin	ate) 100 IU	333%
Thiamin (Vitamin B-1) (from Thiamin HCI	25 mg	1667%
Riboflavin (Vitamin B-2)	25 mg	1471%
Niacin (Vitamin B-3) (as Niacinamide)	25 mg	125%
Vitamin B-6 (from Pyridoxine HCI)	25 mg	1250%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	50 mcg	17%
Pantothenic Acid (from Calcium Pantother	ate) 25 mg	250%
Calcium (from Calcium Ascorbate, Citrate Carbonate and Pantothenate)	, 50 mg	5%
Iodine (from Kelp)	75 mcg	50%
Magnesium (from Mag. Oxide and Citrate	e) 50 mg	13%
Zinc (from Zinc Picolinate)	7.5 mg	50%
Selenium (from L-Selenomethionine)	25 mcg	36%
Copper (from Amino Acid Chelate)	0.25 mg	13%
Manganese (from Amino Acid Chelate)	2.5 mg	125%
Chromium (from Chromium Picolinate)	50 mcg	42%
Molybdenum (from Amino Acid Chelate)	25 mcg	33%
Potassium (from Potassium Chloride)	12.5 mg	< 1%

Boron (from Amino Acid Chelate)	0.5 mg	t
Vanadium (from Amino Acid Chelate)	25 mcg	†
Organic Spirulina	125 mg	t
Organic Barley Grass	125 mg	†
Organic Chlorella (Broken Cell Wall)	50 mg	†
Organic Wheat Grass	50 mg	t
Alfalfa Juice Concentrate	50 mg	t
Green Tea Extract (40% Catechins) (Leaf)	25 mg	Ŧ
Choline (from Choline Bitartrate)	25 mg	Ť
Inositol	25 mg	Ť
PABA	15 mg	Ť
Trace Mineral Concentrate	50 mg	Ť
Panax Ginseng Ext. (5% Ginsenosides) (Roo	t) 50 mg	t
Citrus Bioflavonoids	25 mg	Ť
Rutin	12.5 mg	T
Bromelain (2400 GDU/g) (from Pineapple)	20 mg	Ť
Papain (2000 USP/mg) (from Papaya)	12.5 mg	t
Protease Blend (2000 SAP/g & 200 LAP/g)	12.5 mg	t
Lipase (80,000 LU/g)	12.5 mg	Ť
Amylase (5000 SKB/g)	5 mg	t

† Daily Value not established

Other ingredients: Cellulose, Stearic Acid (vegetable source). Croscarmellose Sodium, Silica, Magnesium-Stearate (vegetable source), Vegetarian Coating and Chiorophyll

Contains wheat. Vitamin E from soy.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA For more product information visit www.nowfoods.com/3792