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CODE
P3130B

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SUGGESTED USAGE: As a dietary supplement, take 2 Vcaps® daily with food or on an empty stomach.

HOW IT WORKS: Glucosamine is an essential substrate for the formation of glycosaminoglycans (GAGs) and proteoglycans, the main components of cartilage tissue. Proteoglycans and (GAGs) trap and hold water, forming a dense fluid cushion within the joint for lubrication and shock absorption. Methylsulfonylmethane (MSM) is a natural source of organic sulfur, a mineral necessary for the production of proteoglycans. Protocol For Life Balance™ synergistic formula supports healthy joint structure and function.* Unlike most Glucosamine products, Vegetarian Glucosamine & MSM is suitable for vegetarians because it contains only vegetarian sourced Glucosamine.

CAUTIONS/INTERACTIONS: Glucosamine and methylsulfonylmethane at elevated levels of intake can rarely lead to gastrointestinal complaints, yet both of these compounds also are often suggested as supporting GI-tract health and function.* At one point it was feared that glucosamine might adversely affect insulin sensitivity, but clinical trials have disproven this for oral supplements. The use of methylsulfonylmethane can lead to the occurrence of an abnormal resonance in the *in vivo* brain proton MR spectrum as well as in *in vitro* cerebrospinal fluid. For more information on this product go to www.protocolforlife.com/P3130.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

PROTOCOL
FOR LIFE BALANCE™

Vegetarian Glucosamine & MSM

Supports Healthy Joint Function*

120 Vcaps®

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 2 Vcaps®
Servings Per Container 60

	Amount Per Serving	% Daily Value
GreenGrown® Glucosamine HCl (Vegetarian Source)	1.0 g (1,000 mg)	†
MSM (Methylsulfonylmethane)	1.0 g (1,000 mg)	†
† Daily Value not established.		

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Formula.

The Glucosamine used in this product is derived from a Non-GMO corn source.

GreenGrown® is a registered trademark of Ethical Naturals, Inc.

Vcaps® is a registered trademark of Capsugel.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.