

TABLET SIZE

7



9

CODE 3790

V5

Made in the USA

**Do Not Eat Freshness Packet. Keep in Bottle.**  
Store in a cool, dry place after opening. Please Recycle.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**SUGGESTED USAGE:** As a dietary supplement, take 1 tablet daily with a meal.

# EcoGreen Multi

WITH GREEN SUPERFOODS

Iron-Free

60 Tablets

A Dietary Supplement  
Vegetarian/Vegan



## Supplement Facts

Serving Size 1 Tablet

|                                                                       | Amount Per Serving | % Daily Value |
|-----------------------------------------------------------------------|--------------------|---------------|
| Vitamin A (100% as Beta-Carotene)                                     | 12,500 IU          | 250%          |
| Vitamin C (from Calcium Ascorbate)                                    | 250 mg             | 415%          |
| Vitamin D (as Ergocalciferol)                                         | 100 IU             | 25%           |
| Vitamin E (from d-alpha Tocopheryl Succinate)                         | 100 IU             | 333%          |
| Thiamin (Vitamin B-1) (from Thiamin HCl)                              | 25 mg              | 1667%         |
| Riboflavin (Vitamin B-2)                                              | 25 mg              | 1471%         |
| Niacin (Vitamin B-3) (as Niacinamide)                                 | 25 mg              | 125%          |
| Vitamin B-6 (from Pyridoxine HCl)                                     | 25 mg              | 1250%         |
| Folate (as Folic Acid)                                                | 400 mcg            | 100%          |
| Vitamin B-12 (as Cyanocobalamin)                                      | 100 mcg            | 1667%         |
| Biotin                                                                | 50 mcg             | 17%           |
| Pantothenic Acid (from Calcium Pantothenate)                          | 25 mg              | 250%          |
| Calcium (from Calcium Ascorbate, Citrate, Carbonate and Pantothenate) | 50 mg              | 5%            |
| Iodine (from Kelp)                                                    | 75 mcg             | 50%           |
| Magnesium (from Mag. Oxide and Citrate)                               | 50 mg              | 13%           |
| Zinc (from Zinc Picolinate)                                           | 7.5 mg             | 50%           |
| Selenium (from L-Selenomethionine)                                    | 25 mcg             | 36%           |
| Copper (from Amino Acid Chelate)                                      | 0.25 mg            | 13%           |
| Manganese (from Amino Acid Chelate)                                   | 2.5 mg             | 125%          |
| Chromium (from Chromium Picolinate)                                   | 50 mcg             | 42%           |
| Molybdenum (from Amino Acid Chelate)                                  | 25 mcg             | 33%           |
| Potassium (from Potassium Chloride)                                   | 12.5 mg            | < 1%          |

|                                             |           |
|---------------------------------------------|-----------|
| Boron (from Amino Acid Chelate)             | 0.5 mg †  |
| Vanadium (from Amino Acid Chelate)          | 25 mcg †  |
| Organic Spirulina                           | 125 mg †  |
| Organic Barley Grass                        | 125 mg †  |
| Organic Chlorella (Broken Cell Wall)        | 50 mg †   |
| Organic Wheat Grass                         | 50 mg †   |
| Alfalfa Juice Concentrate                   | 50 mg †   |
| Green Tea Extract (40% Catechins) (Leaf)    | 25 mg †   |
| Choline (from Choline Bitartrate)           | 25 mg †   |
| Inositol                                    | 25 mg †   |
| PABA                                        | 15 mg †   |
| Trace Mineral Concentrate                   | 50 mg †   |
| Panax Ginseng Ext. (5% Ginsenosides) (Root) | 50 mg †   |
| Citrus Bioflavonoids                        | 25 mg †   |
| Rutin                                       | 12.5 mg † |
| Bromelain (2400 GDU/g) (from Pineapple)     | 20 mg †   |
| Papain (2000 USP/mg) (from Papaya)          | 12.5 mg † |
| Protease Blend (2000 SAP/g & 200 LAP/g)     | 12.5 mg † |
| Lipase (80,000 LU/g)                        | 12.5 mg † |
| Amylase (5000 SKB/g)                        | 5 mg †    |

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica, Magnesium Stearate (vegetable source), Vegetarian Coating and Chlorophyll.

Contains wheat. Vitamin E from soy.

Manufactured by NOW FOODS  
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For more product information visit  
[www.nowfoods.com/3790](http://www.nowfoods.com/3790)